

**LEEDS TENANTS FEDERATION**  
**TARA PANEL ACTIONS AND TOPIC SUMMARY**  
**Friday 11th May 2018**  
**Committee Room 1, Leeds Civic Hall 4.30-6.00pm**

**Attendees**

Name	Representing	Initials
Andrea Purdy	Chair LTF and Queenswood TARA	AP
Patricia Jackson	Hunslet TARA	PJ
Margaret Foster	Thorpe TARA	MF
Wendi Carson	Treasurer LTF and Queenswood TARA	WC
Jackie Worthington	Secretary LTF and Atlanta Street TARA	JW
Mick Dodds	St Augustines Court	MD
Tony Hepworth	Atlanta Street TARA	TH
Ann Maughan	Sandringham TARA	AM
Sue Clifford	Lakeland Court TARA	SC
Neruka White	Gipton Area Representative	NW
Julie Hardaker	Methley and Micklefield TARA	JH
Geoff Hardaker	Methley and Micklefield TARA	GH
Peter Greenwood	Housing Manager – Tenant Involvement	PG
Maria Florez	Dementia Friendly Leeds Campaign	MF

**Apologies**

Madeline Hunter	Button Hill TARA	MH
Sue Kerrigan	St Augustines Court	SK
Ray Laing	Thorpe TARA	RL
Sheila Horne	Whincover Grange Area Representative	SH
Corinne Brown	Churchill Gardens Area Representative	CB
Gary Noble	Thorner TARA	GN
Jeff Gantschuck	Westfield TARA	JG
Alan Mann	Holt Park	AM
Tracey McGarry	Housing Assistant – Tenant Involvement	TM

**Conflicts of interest** - None

**Actions and comments from previous meeting**

Actions from January minutes still to be done include TM to share the crime prevention presentation to all TARAs along with David Lawson's contact details.	<b>TM</b>
Actions from February minutes – AP to contact Joanne Hartley to find out	<b>AP</b>

about progress on Private Sector Tenant Handbook. <b>Update: Joanne Hartley contacted.</b>	
Actions from February minutes – TM to share mental health presentation	<b>TM</b>

### **Dementia Friendly Leeds Campaign (Maria Florez)**

Maria works for the Dementia Friendly Leeds campaign co-ordinated by and funded by the Leeds Older Peoples Forum and Leeds City Council to raise awareness about the impacts of dementia on people and communities and what we all can do to help those affected.

#### **The condition**

Dementia is not only part of ageing, younger people also can be affected. There are around 100 types of dementia, which essentially are diseases of the brain. The more common ones include Alzheimer's and Vascular Dementia.

Dementia is a progressive disorder and currently there is no cure. Short term memory loss is a common symptom e.g. when people can't remember where they live. Other symptoms include impairment of movement, sight or perception and losing the ability to communicate / speak, hallucinations. People can still communicate with dementia but it may not be just through speech. Body language, gestures, pictures, lists are all ways of communication.

Health and lifestyle can impact the onset of dementia so looking after yourself can help reduce the risk.

#### **Support services in Leeds**

1 in 14 people over 65 have dementia. In North Leeds there are 2,000 people affected and more that have not been diagnosed. It is possible to live well with dementia but is challenging for relatives and friends who support those with the disease.

Dementia Friendly Leeds is helping to make Leeds more friendly and accessible to those with dementia. They work with businesses and organisations to help make their services and buildings more dementia friendly.

The service is not fully comprehensive in all areas so some parts of Leeds have more support services than others. The Dementia Partnership Forum (including Leeds City Council, NHS and other support services) help bring together issues around dementia. Leeds as many neighbourhood networks/community groups who support people/communities with dementia.

The police run dementia friendly campaigns especially around people who may be missing because they can't remember where they live. Usually people have to be missing for 24 hours before reporting to the police but the Herbert Protocol says for dementia concerns it can be reported immediately.

Housing Leeds have designated safe places throughout the city and support bids for dementia activities for groups.

## **Getting a diagnosis**

If you or a family member/friend/neighbour suspect that they may have dementia there are several ways to get help. These include via your GP, a social worker(Adult Social Care), memory clinics. A person can refer themselves or someone else can raise concerns.

## **Resources and help**

<https://www.leeds.gov.uk/docs/Living-with-Dementia-leaflet.pdf> - how to find help and support in Leeds.

<https://www.leeds.gov.uk/residents/health-and-social-care/adult-social-care/dementia-care> - support for people with dementia in Leeds

<https://www.leeds.gov.uk/docs/WalkinggroupPoster.pdf> - walking groups for people with dementia

<https://www.leeds.gov.uk/docs/Carers%20Groups%20in%20Leeds.pdf> – dementia carers groups in Leeds

<https://www.leeds.gov.uk/docs/Memory%20Cafes%20in%20Leeds.pdf> – memory cafes in Leeds

<https://www.alzheimers.org.uk/> - Alzheimers Society

Dementia Awareness Week 21-27 May 2018

Dementia Friendly Leeds on Facebook

## **Communications from and promotion of the panel**

The panel are committed to share information from this meeting with their local groups and communities through as many channels as possible, including face-to-face meetings, public events, social media and to promote the work of the panel to as many communities as possible.

## **Date of next meeting:**

Thursday 14<sup>th</sup> June 2018 – Committee Room 5, Leeds Civic Hall.