Produced by
Alzheimer’s Society
Hillside Enterprise Centre
Beeston Road
Leeds
LS11 8ND
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If you enjoy singing why not come along and join in a sing-a-long and make many friends at the same time — it also helps aid relaxation and promotes positive emotions and well being.

People with memory problems and their carers/family are welcome at these groups.
Singing Groups

Share in a sing-a-long to aid relaxation and promote positive emotions and well being.

Reminisce with familiar tunes and friendly faces.

People with Dementia and their Carers are welcome at these groups.

Happy Singalong Group
Friends Meeting House, 136 Street Lane, Roundhay, Leeds, LS8 2BW
Singing from 1.45pm to 3.15pm
2nd and 4th Wednesday of the month.
£1.50 includes refreshments.
For further details please telephone Maria, Service Assistant on 0113 8873595 at Royal Voluntary Service. Aimed at over 65s.

Singing Sensations
St Andrew’s Community Centre, Cardinal Road, Leeds, LS11 8AG
Singing from 10am to 12noon
On the last Wednesday of every month.
Transport may be available from other areas within South Leeds.
£2.00 includes refreshments
For further details please telephone South Leeds Live At Home Scheme on 0113 2716201

Remember Thursdays—Singing for the Brain
Rossefield Lawn, Rossefield Approach, Bramley, Leeds, LS13 3RU
Led by a trained facilitator from 1.30pm to 3.00pm
On the first Thursday of every month.
£1.00 per person, per session plus 50p per person for refreshments.
Contact: Debbie on 0113 2361644 for further details.

Otley—Singing for the Brain
Otley Courthouse Arts Centre, Courthouse Street, Otley, LS21 3AN.
Led by a trained facilitator from 2pm to 4.00pm.
On the 2nd and 4th Monday of every month.
£1.50 per person per session includes tea and biscuits.
Contact: Rachael Savage, Centre Manager on 01943 467466. admin@otleycourthouse.org.uk for further details

Pudsey—Singing for the Brain
Community Hall, Pudsey Wellbeing Centre, Robin Lane, Pudsey, LS28 7DE.
Led by a trained facilitator from 1.30pm to 3.15pm.
£1.00 per person for refreshments.
On the 2nd Thursday of each month.
Contact: John or Heather Slack on 0113 2556252 for further details or Dominique Dunand-Clarke on 0113 395 5831.
Singing for the Brain

Greeting for the Brain Groups are for people with dementia and their carers and are led by a trained facilitator.

Chapel Allerton Good Neighbours Singing for the Brain Group
Inkwell Café (Shoulder of Mutton), 31 Potternewton Lane, Leeds, LS7 3LW.
Led by a trained facilitator from 11.00am to 12.30pm.
On the 2nd and 4th Monday of each month.
£1.50 per person for refreshments.
Contact: Rachel, Service Assistant at Royal Voluntary service on 0113 8873596 for further details.

Giving Voice
Arts @ Trinity, Holy Trinity Church, Boar Lane, Leeds, LS1 6HW
Led by a trained facilitator from 6.30pm to 8pm.
Every Wednesday.
Free entrance—donations appreciated.
For further information please call 0113 2208528 or email givingvoice@outlook.com.

Singing for Fun
Halton Moor and Osmondthorpe Project for Elders, (H.O.P.E.) 8a Coronation Parade, Halton Moor, Leeds, LS15 0AY
Singing from 1pm to 3pm.
Every Tuesday.
Free of charge—open to all ages.
For further details please telephone Georgie Spedding on 0113 249 3597 or 07946 160047.

MAECare’s Singing Group
Moor Allerton Elderly Care, Activity Room, 57 Cranmer Bank, Leeds, LS17 5JD
Singing from 10.30am to 12.00noon.
On the first Thursday of the month.
£2.00 per session includes refreshments.
Different theme each month and time to reminisce before the singing starts.
For further details please contact Moor Allerton Elderly Care on 0113 2660371.
Tea Cosy Café/Singing Group
Lidgett Lane Community Centre, Lidgett Lane, Leeds, LS17 6QP
First Wednesday of the month from 11.00am—1.30pm
Entrance and refreshments: £2.50.
For further details please contact Lidgett Lane Community Centre on 0113 237 0506 or 07464 837370 for further information. Email: lidgettlanec@yaho.co.uk.

Sing Yourself Happy
The Venue @ the MAZCC, (Eldon Suite) 311 Stonegate Road, Leeds, LS17 6AZ
Singing from 2pm to 3.30pm
Every Wednesday.
£2.50 per session includes refreshments.
For further details please contact Sharon Bedford at the Leeds Jewish Welfare Board on 0113 2185857.

Remini-Sing
Central Methodist Church, Town Street, Horsforth, Leeds, LS18 4AP
Singing along with Greta, Richard and Annie and friends from 10am to 11.30am
Second Wednesday of each month
£1.00 per person includes refreshments.
For further details please contact Live at Home on 0113 2591511.

Walton—The WiSEHOWLERS
Wetherby Methodist Church, 9 Bank Street, Wetherby, Leeds, LS22 6NQ
Singing from 1.30pm to 3pm
On the last Thursday of each month
£2.00 per session includes tea, coffee and cakes.
For further details please contact WiSE on 01937 588994

Rawdon Community Library Singalongs
Rawdon Community Library, Micklefield Park, Rawdon, Leeds, LS19 6DD
Singing from 2pm to 3.30pm
On the second Tuesday of each month
£2.00 per session includes refreshments at the interval.
For further details please contact Paula on P.fleming@runbox.com for further information or telephone the Library on 0113 391 0440

About Alzheimer’s Society
Alzheimer’s Society is the UK’s leading support and research charity, providing information, advice and support to people with dementia, their families and carers. We are committed to putting you at the heart of everything that we do, and our services are continually informed by our growing understanding of dementia and what you need to live well with it.