

Advance Stop Lines

ready to slow down and stop if necessary. Be considerate. pedestrians know you are there and allow plenty of room. Be unable to react quickly or see or hear your approach. Let Take care when passing pedestrians and remember that they may be inattentive, or anxious around cyclists. Some may

Shared-use paths

whose drivers may not be able to see you easily. of accidents in Leeds. Pay particular attention to large vehicles particularly when filtering past traffic. This is a common cause • Watch out for motorists turning across you at side roads, to occupy the middle of the lane when approaching a junction. is advised when cycling straight ahead, but it may be helpful EN 1078). • Consider your lane position: a metre from the kerb road are unfit. • Consider wearing a helmet (conforming to BS • Be aware that most tracks away from the reflective clothing. • In daytime wear bright clothes. At night use lights and • Look all around when making a manoeuvre and signal clearly. • Always abide by the Highway Code. • Ride to your own ability.

In general

Comprehensive rules and guidance for cyclists can be found in the Highway Code, which is available in book shops or can be viewed online by typing 'Highway Code' into your search engine. Cycle training can be a good idea if you lack confidence or haven't ridden for a while. Call Leeds City Council on 0113 2475198 for details.

Cycling Tips



www.leeds.ac.uk/TravelActive
or join the TravelActive facebook group
[www.facebook.com]

Love walking Love cycling

- See website for programme of activities, events and campaigns.
- Improving local routes and facilities.
- our Bike Hub and with events.
- support our primary school outreach, to Volunteers needed to be bike buddies, to
- hire. • VETOCAMPUS LEEDS - low cost annual bike among students, staff and the local community: **TravelActive** is promoting walking and cycling:

Promoting cheap, fun and healthy everyday travel

TravelActive

Kirkstall Brewery to



City Campuses and Headingley Campus



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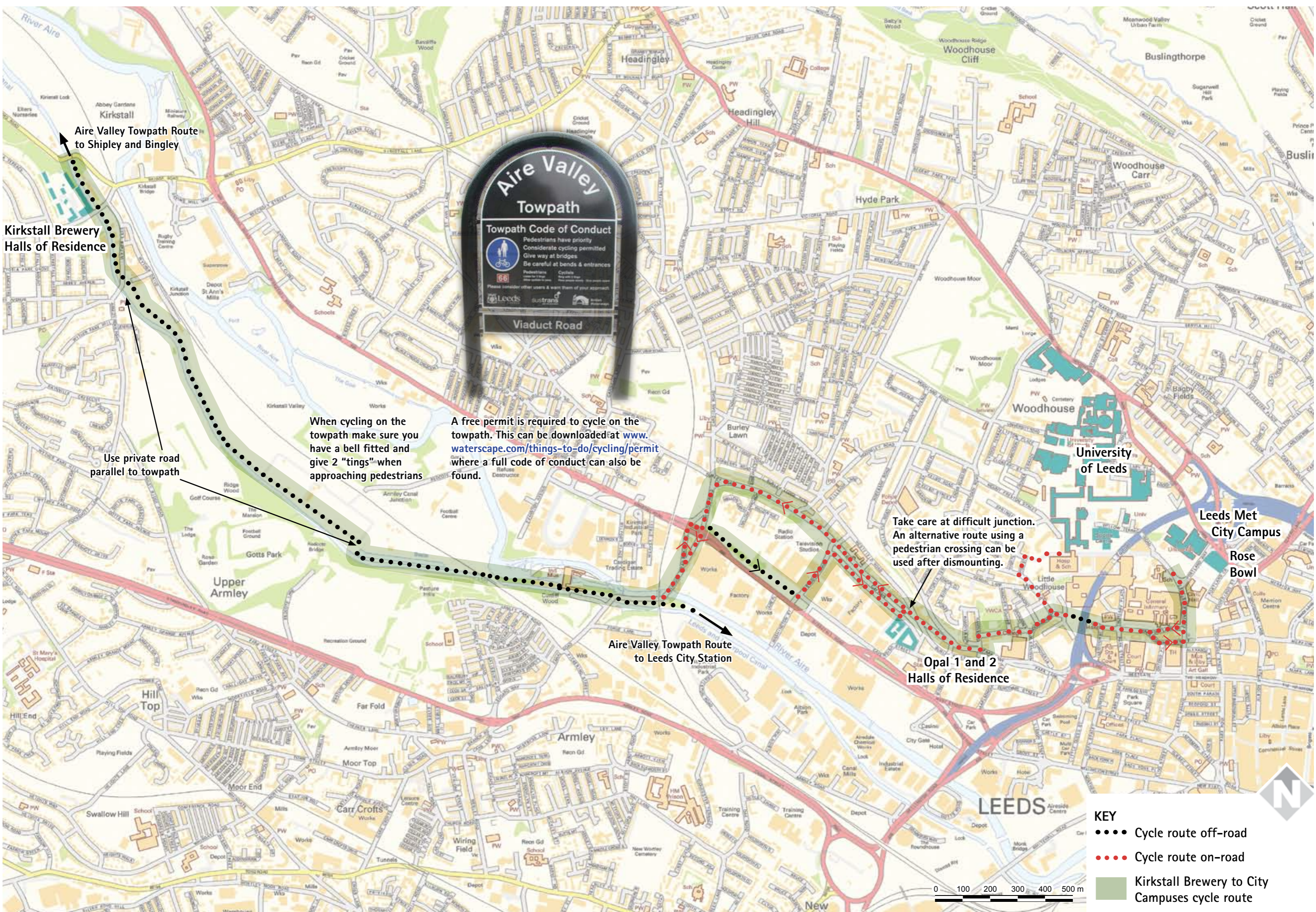
A section of the Aire Valley Towpath Route is used to access Leeds city centre. This is part of National Cycle Network Route 66 which passes by Shipley and Bingley and connects to the Trans Pennine Trail giving opportunities for leisure cycling. Separate leaflets are available for these or look at www.leeds.gov.uk/cyclemaps. It also passes close by Leeds City Station and CyclePoint (www.cyclepoint.org) where cycles can be stored, hired, purchased and repaired.

These carefully signed cycle routes use quiet roads, bus and cycle lanes, canal towpath and improved junctions to provide convenient routes from Kirkstall Brewery Halls of Residence to the main city centre campuses and Leeds Met Headingley Campus passing by Opal 1 and 2 student accommodation.

Kirkstall Brewery to City Campuses



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Aire Valley Towpath Route to Shipley and Bingley

Kirkstall Brewery Halls of Residence

Use private road parallel to towpath

When cycling on the towpath make sure you have a bell fitted and give 2 "tings" when approaching pedestrians

A free permit is required to cycle on the towpath. This can be downloaded at www.waterscape.com/things-to-do/cycling/permit where a full code of conduct can also be found.

Aire Valley Towpath Route to Leeds City Station

Take care at difficult junction. An alternative route using a pedestrian crossing can be used after dismounting.

Opal 1 and 2 Halls of Residence

- KEY**
- Cycle route off-road
 - Cycle route on-road
 - █ Kirkstall Brewery to City Campuses cycle route

