

What is a Community Support Organisation ?

Community Support Organisations encourage older people to live independently and to participate within their own communities. They provide services that reduce social isolation and act as a “gateway” to advice/information/services, promote health and wellbeing and therefore improve quality of life for older people across the City.

Name of Organisation	Organisational Contact Details	Area Covered
Trinity Network	<p>Nesfield Road, Belle Isle, LS10 3LG Tel: 0113 2703935 Email: williamson@trinitynetwork.org.uk Website: www.trinitynetwork.org.uk</p> <p>Oakley View, Dewsbury Road, LS11 5HR Tel: 0113 2707458 Email: williamson@trinitynetwork.org.uk Website: www.trinitynetwork.org.uk</p>	<p>Belle Isle – LS10 – Over 55’s</p> <p>Beeston – LS11 – Over 55’s</p>
Association of Blind Asians	<p>Touchstone Support Centre 53-55 Harehills Avenue Leeds LS8 4EX Tel: 0113 2103347 Email: info@abaleeds.org.uk Website: www.abaleeds.blogspot.co.uk</p>	<p>Visually Impaired – all ethnicities</p>
Sikh Elders Service	<p>Touchstone House, 2-4 Middleton Crescent, Beeston, Leeds, LS11 6JU Tel: 0113 2718277 English Tel: 0113 2163143 Punjabi Email: housing@touchstone-leeds.co.uk</p>	<p>City wide – Sikh community</p>

	Website: www.touchstone-leeds.co.uk	
Leeds Irish Health & Homes	Unit 5 Gemini Park, Sheepscar Way, Ls7 3JB Tel: 0113 2625614 Email: info@lihh.co.uk Website: www.lihh.co.uk	City wide – Irish community
Leeds Kashmiri Elders Association	Woodsley Road Community Centre, 64 Woodsley Road, Burley, LS3 1DU Tel: 0113 2435104 Email: kashmirielders@msn.com	Burley Headingley
Subka Centre	Montague Burton Resource Centre, Banstead Street West, Leeds, LS8 5RU Tel: 0113 2408796 Email: adeel1000@hotmail.com	Chapelton Harehills Roundhay
Leeds Jewish Welfare Board	Marjorie & Arnold Ziff Community Centre, 311 Stonegate Road, Leeds, LS017 6AZ Tel: 0113 2684211 Email: theboard@ljwb.co.uk Website: www.ljwb.co.uk	City Wide – Jewish community
West Indian Family Counselling Service (WIFCOS)	Roscoe Methodist Church, Francis Street, Leeds, LS7 4BY Tel: 0113 2625131 Email: wifcos@btconnect.com	Chapelton West Indian community