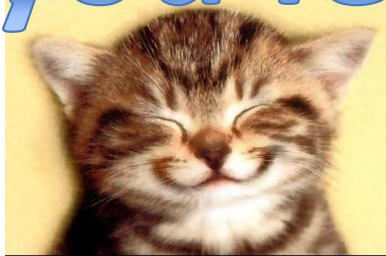




European Year of Volunteering 2011



Volunteering – makes you feel good



Come and find out all about volunteering in the Arts and / or Health sector in Leeds.

- Talk to a wide variety of organisations**
- discover how voluntary work can have a huge positive impact on your mental health and wellbeing.**
- take part in fun interactive activities**

The European Year of the Volunteer in Leeds 2011 is also launching its health and wellbeing months, led by Healthy Living Network Leeds. Come and see the baton passed on from Arts to Health and find out about the events and activities run as part of this year during November and December.



**TUESDAY 1ST NOVEMBER 11-3
TEST SPACE LEEDS, LS2 7PS**