

## Dementia café

This list is a work in progress, as we gather information about Dementia cafes in Leeds. If you know of a local group or service offering daytime activities, employment support or any other kind of help for people with mental health problems, please tell us so we can include it.

Name of cafe	Contact	Address	Activity
<b>Conservatory d'Caf</b>	Anita Johnson 0113 218 4880 Janice Newsome 0113 231 1727	The Marjorie & Arnold Ziff Community Centre Leeds LS17 6AZ	Last Tuesday of the month Time: Please contact for further information.
<b>DeCaf</b>	0113 242 7707	Terry Yorath House, 18 Devonshire Close Leeds LS8 1BF	Usually last Tuesday of every month Time: 14:00 – 16:00
<b>DeCaf East</b>	0113 287 4784	62c Main Street Garforth Leeds	Third Tuesday of every month Time: 14:00 – 16:00
<b>DeCaf in East</b>	0113 231 1727	St Agnes Church Hall 25 Shakespeare Close Leeds LS9 7UQ	First Monday of the month Time: 14:00 – 15:30
<b>Forget Me Not</b>	01943 472 004	Yeadon Cricket Club Yeadon Leeds	First Wednesday of every month Time: 13:30 – 15:30

Name of cafe	Contact	Address	Activity
<b>Forgetfulness Club</b>	0113 237 4332	Austin Burke Community Centre 197 Chapeltown Road Leeds	Second Friday of each month Time 11:00 – 15:30
<b>Memory Lane Group</b>	0113 279 9292	Armley Helping Hands Strawberry Lane Community Centre Strawberry Lane Leeds LS12 1SF	Third Thursday each month Time: 13:30 – 15:30
<b>Open Door Café</b>	0113 274 9154	New Headingley Club St Michael's Road Leeds LS6	Usually on the last Monday of the month Time: 12:00 – 16:00
<b>Pot O'Tea</b>	0113 231 1727	Potterdale Day Centre 192 Dewsbury Rd Leeds LS11 6ER	First Wednesday in each month Time: 14:00 – 16:00
<b>Sunshine Café in Collingham</b>	0113 231 1727	Collingham Village Hall Main Street Collingham	Last Wednesday in each month (except December) Time: 14:00 – 16:00
<b>The Café</b>	WISE: 01937 58 8994 Alzheimer's Society 0113 231 1727	Shine Harehills Rd Leeds LS8 5HS	Second Tuesday of the month Time: 14:00 – 16:00

Name of cafe	Contact	Address	Activity
<b>Sundar Mann</b>	Touchstone  0113 248 4880	Shine Harehills Rd LS8 5HS	First Tuesday of the month  Time: 10:30am – 12:30pm

