

Neighbourhood for All Ages - Leeds Intergenerational Network

Mapping Intergenerational Projects and Activities in Leeds 2011



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The aim of the mapping exercise is to:

- Build a picture of the range and geographical spread of intergenerational activity
- Facilitate the sharing of experiences and development of good practice in intergenerational activity and identify new partners
- Make it easier for agencies, services, practitioners and individuals to find out what is happening in a specific area, community, sector etc
- show what an impact intergenerational approaches are having across our city.

This paper provides a snapshot of some of the projects and activities which bring generations together in communities, neighbourhoods and schools across the city. The projects are delivered by statutory, voluntary and community sector organisations.

The list includes all of the examples provided by N4AA members and other contacts. No criteria has been applied at this stage to filter out activities and projects that may not fit strictly within the Intergenerational Working ethos.

The list is not comprehensive – we are aiming to keep it live and develop it.

Please add in any information of projects and activities that you are aware of and send back to **SUFIA KHAN** sufia.khan@leeds.gov.uk

Many thanks to the people who contributed.

Details of the Intergenerational Projects across the city – Please give details of activities happening
September 2010 – August 2011

	Name & brief details of the Project/s	Lead organisation/s	Contact details	Postcode / where happening	Organisation/s involved	Age range of participants	Planned/ achieved outcomes
1	Silver Friends (Building Bridges)	Whitkirk Primary School	Emma O'Reilly Templegate Walk, Leeds LS15 0EU T: 0113 2606203 E:oreille02@leedslearning.net	LS15 0EU	Whitkirk Primary School	8 – 9 and 70+	Community cohesion and understanding of the different generations and their needs
2	Alwoodley Community Choir and Orchestra	Alwoodley Extended Services Cluster	Julie Cooke Alwoodley Extended Services Leader Allerton CofE Primary/Alwoodley Children's Centre Lingfield Approach Leeds LS17 7HL Mob: 07966621848 cookejc01@leedslearning.net Web: www.alwoodleyextendedservices.com	LS17 7HL	Local schools. Alwoodley Extended Services Education Leeds Artforms. Maecare.	7-100	<u>People have better chances in life</u> a) Singing, playing a musical instrument and working as a team helps to increase self esteem, a sense of belonging and pleasure. b) The training will help young people develop their interpersonal and musical skills and understanding of older generations. It will help older generations feel safer working with younger people and give them a sense of purpose in working towards concerts.

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							<p><u>Stronger communities</u> We will be creating new cohesion and understanding through different generations having one common goal, having fun together and increasing team participation.</p> <p><u>Healthier and more active people and communities.</u> Emotional and mental health will be improved through music which is uplifting and celebratory. Being part of something, belonging and working towards an event helps develop self esteem and worth.</p>
3.	Community Cooking Champions	Trinity University College/ Benton Park School	Diana Al Saadi E: diana.al-saadi@ntlworld.com & Benton Park School, Harrogate Rd, Rawdon Leeds, LS19	LS19	Billing View Community Group (BVCG), Trinity University College & Benton Park School	12 – 70 yrs	To promote weekly after school cooking sessions for year 8 pupils with older people in order to promote the use of intergenerational initiatives, to improve communication and

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							sustain harmonious communities
4.	1. Dementia Project 2. Bramley for All Ages Alliance Group 3. Friendship Group	Bramley Elderly Action	Lee Ingham Bramley Elderly Action, 230A Stanningley Road, Bramley, Leeds LS13 3BA T: 0113 236 1644 E: info@bramleyea.org.uk/ Lee.ingham@bramleyea.org.uk	LS13, LS12, LS16	Bramley Elderly Action & all Primary Schools including Raynville Primary in the area	9 - 94	The Vision is to have a group of older people attached to each school in the area to improve intergenerational relations in Bramley and establish a cohesive community. Activities including, e.g. choir, poetry event etc.
5.	Silver Friends	Caring Together in Woodhouse and Little London	1. Cherril Cliff (Manager) Woodhouse Community Centre, 197 Woodhouse Street, Leeds LS6 2NY T:0113 2430298 E: caring.together@dial.pipex.com 2. Quarry Mount Pupils Development Centre (Circle Time) T: 0113 2426092	Leeds 6	Quarry Mount Primary School and Caring Together	65 – 82 and 7 and 8 year old children	Building up friendships between young and old in an inner city community
6.	'Food For Thought' – Roman Culture and Diet	Discovery Centre, Extended Services Leeds West,	Gabrielle Hamilton Curatorial Leeds Museums & Galleries,	Leeds 28	Farsley Children's Centre, Farsley Live at	7 up to 90	Shared learning opportunities Raise awareness of

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	using museum collections as inspiration and information, comparing to contemporary foods, influences the Romans still have on us today	Older Peoples Services	Leeds Museum Discovery Centre, Carlisle Road Leeds LS16 1LB Gabrielle.hamilton@leeds.gov.uk 0113 2141559		Home Scheme, 5 x local primary schools		Leeds Museums and Galleries and leisure opportunities for families Look at issues around healthy eating, diet and lifestyle
7.	Intergenerational Music Projects held at the Leeds Music Centres	Artforms, Education Leeds	Frances Bernstein Music Centre Coordinator West Park Centre Spen Lane, Leeds LS16 5BE T: 0113 230 4074 or Mob: 077595 63848 E: Frances. Bernstein@educationleeds.co.uk Web: www.artformsleeds.co.uk/musiccentres	1. Garforth Community College LS25 1LJ 2. Boston Spa high School LS23 6RW 3. Parklands High School LS14 6TY 4. Guiseley High School LS20 8DT 5. Horsforth High School LS18 5RF 6. Carr Manor High School LS17 5DJ	Education Leeds / Leeds City Council	2 – 92	Learn music skills, enjoy playing / singing generations of people together

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				7. Royds High LS26 8EX8. Rodillian High WF3 3PS 9. Hugh Gaitskell LS11 8AB 10. Bruntcliffe High LS27 0LZ 11. Pudsey Grangefield LS28 7ND 12. City of Leeds LS6 2LG			
8.	Building Bridges - Intergenerational circle time	St Anthony's Catholic Primary	Mary Doherty Barkly Road, Beeston Leeds LS11 7JS T: 0113 2141700	LS11 7JS	School and parish	7- 80	To increase understanding and tolerance of intergenerational issues
9.	Intergenerational Gardening Club	St Anthony's Catholic Primary	Margaret Lattimer Barkly Road, Beeston Leeds LS11 7JS T: 0113 2141700	LS11 7JS	School and gardening group	Children – Year 3 and 4, plus adult gardeners	To increase gardening knowledge, to improve tolerance between generations
10.	Moorcare Domiciliary care service	Leeds Jewish Welfare Board	Allison Wilcock (Moorcare Service Manage) Moorcare, Leeds Jewish	LS 17,8,6		18+	Culturally sensitive not for profit home care service. Promoting

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	Providing all aspects of personal care and domestic help Our service is regulated by CQC all staff have enhanced CRB checks		Welfare Board 311 Stonegate Rd Leeds LS17 6AZ T: 0113 2034914				Independence, Dignity, Choice and Control. The service is for adults who wish to remain living in their own homes for as long as they wish
11.	Building Bridges – Intergenerational Circletime	Mariners Resource Centre	Catherine Loftus Mariners Resource Centre Beeston Leeds LS11 6NN T: 0113 2468982 E: Catherine.loftus@leeds.gov.uk	Beeston Leeds 11	St Francis Primary School	Different age groups every year, 6 - 60	Sessions at St Francis 's involve Mariners Centre users, who have profound nature of physical & sensory impairments. The group works on projects i.e. focusing on listening skills and topics covered cultural awareness, disability, respect, and more. The children and adults who are involved with the circle time sessions

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							<p>have forged a mutual respect and confidence in each other and learn about:</p> <ul style="list-style-type: none"> • Awareness of disabilities • Development of listening skills • Breaking down barriers between different age groups
12.	The Lovell Park Centre – a day service for adults with mental health needs, the service is provided both in & out of the building base. Group work, one to one support, peer support.	Adult Social Care	Candy Wilson (Manager) Tracey Wolff (Deputy Manager) The Lovell Park Centre, Wintoun street, LS7 1DA T: 0113 2145025 E:tracey.wolff@leeds.gov.uk	LS7	Partnership work with: CAB, Workers Education Authority, Carers Connections, NE CMHT, Music college, Making Space, Newsam Centre Pharmacy Department.	18 and over.	To recover positive mental health and increase and develop coping strategies. Social inclusion. Improved quality of life, health & wellbeing. Freedom from discrimination. Personal choice, control & dignity, Economic wellbeing
13	Harvest Tea	Lisker Drive School Otley	Otley Action for Older People (OAOP) Lisker Drive School	LS21	Otley Action for Older People (OAOP)	Over 70's Under 10's	Increased Participation and Involvement in the

	Name & brief details of the Project/s	Lead organisation/s	Contact details	Postcode / where happening	Organisation/s involved	Age range of participants	Planned/ achieved outcomes
			T: 01943 463965				Community where they live
14	6 Monthly Residents Association Meetings in the Outer South	Tenants & Residents Associations (TARA) Committee Members	Newlands & Denshaws Steven Pearson 0113 219 0314 John O Gaunts Sonja Smith 0113 288 7077 Tingley Tara Sharna Ramsden 07853 245064 Wood Lane Ronnie Hammill 07759109620 Northfield & Hopefield Tara Sara Smithson 07595959182 Thorpe Greg Langley 01924 835945	Morley LS27 8PG Rothwell LS26 0HD Tingley WF3 IQE Rothwell LS26 OHD Ardsley & Robinhood WF3 3PD Ardsley & Robinhood WF3 3PD	Partners include <ul style="list-style-type: none"> • South East Area Management • Aire Valley Homes • NPT • Various Council Services and External Partners • Local Ward Councillors 	Cross section of the community	<ul style="list-style-type: none"> • To seek to improve conditions for residents in the area • To represent and to promote the interests of all the tenants and residents living in the area • To work for improvements to homes; to the Housing Services and other services they receive; and to the local environment • To work in partnership with agencies

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							to improve neighbourhoods
15	4 Community Days in the Outer South	Tenants & Residents Associations (TARA) Committee Members	Newlands & Denshaws Tara Steven Pearson 0113 219 0314 John O Gaunts Tara Sonja Smith 0113 288 7077 Tingley Tara Sharna Ramsden 07853 245064 Wood Lane Tara Organised through the Neighbourhood Improvement Plan	Morley LS27 8PG Rothwell LS26 OHD Tingley WF3 1QS Rothwell LS26 OHD	Outer South Area Management Aire Valley Homes Various Council Partners and External Organisations	Cross section of the community	Community days are organised through the Residents Associations. Each association consults with local residents on what activities they would like to see at the community day. Aims of the Community outings are to promote the work of the Residents Association and bring everyone in the community together. (especially the younger and older residents)
16	3 Community Outings	Tenants & Residents Associations Committee	Newlands & Denshaws Steven Pearson 0113 219 0314 John O Gaunts	Morley LS27 8PG	Tenants & Residents Associations Committee	Cross section of the community	Community days are organised through the Residents Associations.

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		Members	Sonja Smith 0113 288 7077 Tingley Tara Sharna Ramsden 07853 245064 Oakwell's and Fairfax Tara	Rothwell LS26 OHD Tingley WF3 IQE Morley BD11 1DH	Members		Each association consults with local residents on what activities they would like to see at the community day. Aims of the Community outings are to promote the work of the Residents Association and bring everyone in the community together. (especially the younger and older residents)
17	Thorpe Community Clean Up	Organised through the Thorpe Neighbourhood Improvement Plan	Nicky Greening South Area Management Team, Dewsbury Road One Stop Centre Leeds LS11 6PF T: 0113 3951658 E: nicky.greening@leeds.gov.uk	Ardsley & Robinhood WF3 3PD	Neighbourhood Improvement Plan Steering Group	Cross section of the community	A Community Clean Up organised through the Thorpe Neighbourhood Improvement Plan to improve the environment. The Clean Up involved residents of various ages from Thorpe in Ardsley and Robinhood.
18	Thorpe Open Day	Organised	Nicky Greening	Ardsley &	Neighbourhood	Cross section	An event organised

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		through the Thorpe Neighbourhood Improvement Plan	South Area Management Team, Dewsbury Road One Stop Centre Leeds LS11 6PF T: 0113 3951658 E: nicky.greening@leeds.gov.uk	Robinhood WF3 3PD	Improvement Plan Steering Group	of the community	through the Thorpe Neighbourhood Improvement Plan Steering Group. Activities provided for all age ranges at the event and activities where children and older people can join in together.
19	Thorpe Bulb Planting	Organised through the Thorpe Neighbourhood Improvement Plan	Nicky Greening South Area Management Team, Dewsbury Road One Stop Centre Leeds LS11 6PF T: 0113 3951658 E: nicky.greening@leeds.gov.uk	Ardsley & Robinhood WF3 3PD	Neighbourhood Improvement Plan Steering Group	Cross section of the community	Bulb planting sessions where local residents are involved with planting out bulbs in the community centre grounds. Residents have also planted out bulbs in to pots for the Christmas Fair. The session was open to all residents and attended by a cross section of the community.
20	Harrops and Bridge Street Community Clean Up	Organised through the Harrops and Bridge Street	Nicky Greening South Area Management Team, Dewsbury Road	Morley	Neighbourhood Improvement Plan Steering Group	Cross section of the community	A Community Clean Up organised through the Harrops and Bridge Street

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		Neighbourhood Improvement Plan	One Stop Centre Leeds LS11 6PF T: 0113 3951658 E: nicky.greening@leeds.gov.uk				Neighbourhood Improvement Plan to improve the environment. The Clean Up involved residents of various ages from Harrops and Bridge Street in Morley.
21	Northfield & Hopefield Community Orchard Project	Northfield and Hopefields Tenants and Residents Association	Sara Smithson (Chair) 07595959182	Ardsley & Robinhood WF3 3PD	Tenants and Residents Association Parks and Countrysides	Cross section of the community	The project has been organised through Parks and Countrysides and the Residents Association. The aims is to develop a Community garden and orchard. A cross section of the community are involved in the project. Links have also been made with local schools.
22	Wood Lane Teatime Club John O Gaunts Teatime Club	Wood Lane Teatime Club Mothers Pride Teatime Club	Angela King 0113 288 7077 Angela King 0113 288 7077	Rothwell LS26 OHD Rothwell LS26 OHD	Health For All Outer South Area Management Rothwell	Cross section of the community	The Teatime Club brings local residents of all ages together for an affordable healthy meal.

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					Children's Centre		The Teatime Club has 30-40 local residents from the local community in attendance with representation from both young and older residents.
23	Wood Lane Junior Wardens Project	Groundwork Leeds	John Cummins 0113 238 0601	Rothwell LS26 OHD	Groundwork Leeds Victoria School Rosefarm Day Centre	School Children and residents from the Rosefarm Day Centre	The Junior Wardens Project involved children from Victoria Primary School and older residents from the Rosefarm Day Centre. Example of sessions include making bird boxes for the Day Centre.
24	2 Participatory Budgeting Initiatives Lofthouse Wood Lane	South East Area Management	Jamie Ware Nicky Greening South Area Management Team, Dewsbury Road One Stop Centre Leeds LS11 6PF T: 0113 3951658 E: nicky.greening@leeds.gov.uk /	Ardsley & Robinhood WF3 3PD Rothwell LS26 OHD	Local Residents (Cross section of the community) External Services Agencies and Organisations Council Services	Cross section of the community	<ul style="list-style-type: none"> To allow local residents to take control of decision making in their community by voting to decide which project

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			Jamie.ware@leeds.gov.uk				received an allocation of public money to target local priorities.
25	<ol style="list-style-type: none"> 1. Outer South Events 2. Rothwell May Day 3. Rothwell Competitive Music Festival 4. Rothwell Horticultural Show 5. Rothwell Carnival 6. St Georges Day 7. Morley Literature Festival 	South East Area Management	Tom O Donovan South Area Management Team, Dewsbury Road One Stop Centre Leeds LS11 6PF T: 0113 3951658 E: tom.o.donovan@leeds.gov.uk	Morley North/ South Adsley & Robinhood Rothwell	Committees made up of volunteers Outer South Area Management	Cross section of the community	<ul style="list-style-type: none"> • Community Cohesion • Promote Culture • To build stronger communities • Thriving Communities
26	"Our House" - family learning workshops every holiday with families in East Leeds	Temple Newsam House and Osmondthorpe One Stop Centre YMCA	Shelley Dring Temple Newsam House, Halton, Leeds, LS15 0AE and at Osmondthorpe One Stop Centre, 81a Wykebeck Mount, Leeds LS9 0JE T: 0113 264 7321	LS15 0AE LS9 0JE	Temple Newsam House and Osmondthorpe One Stop Centre YMCA	5-100 years	Currently in third year of project. This project has taught new skills as well as helped to develop family relationships. It has developed confidence in learning and involvement in arts and culture. One

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			E: shelley.dring@leeds.gov.uk				lady initially commented that they didn't think they could come 'into a place like this' (About Temple Newsam House). As a result, the group has developed in number and have formed an art club. Members are visiting freely and bringing friends and family. Some of those out of work are wanting to volunteer/work again because of their new found confidence. Members of all ages are working together in activities to support each other.
27	Intergenerational Project	Swarcliffe Good Neighbours Scheme (sgns)	Miss Sarah Jolly St Gregory's Youth and Adult Centre, Stanks Gardens, Stanks, Leeds, LS14 5LS T: 0113 2326910 E:	Swarcliffe, Stanks and Whinmoor	Swarcliffe Primary School Grimes Dyke Primary School Fieldhead Carr	Older people aged 60+ and Year 5 and 6 pupils	To bridge generation gaps by sharing skills, knowledge and ideas on a variety of subjects such as health, food, life in the 1960's, the changing

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			mail@sgns.wanadoo.co.uk		Primary School White Laithe Primary School		geography of the area as well as World War II evacuation re-enactments.
28	Intergenerational Project	Swarcliffe Good Neighbours Scheme (Sgns)	Miss Sarah Jolly St Gregory's Youth and Adult Centre, Stanks Gardens, Stanks, Leeds, LS14 5LS T: 0113 2326910 E: mail@sgns.wanadoo.co.uk	Swarcliffe, Stanks and Whinmoor	Corpus Christi Catholic College John Smeaton Community College	Older people aged 60+ and Year 10 and 11 students	To provide work experience relating to Social Work where students develop, amongst others, communication, time management and office based skills. Practical based skills can also be taught such as gardening and decorating.
29	Mobile phone lessons	Older Peoples Action in the Locality (OPAL)	Unit 10 Holt Park District Centre Leeds LS16 7SR T: 0113 2619103 E: ailsa@opal-project.org.uk	LS16	OPAL and Lawnswood high school	15-18yr olds 70-80yr olds	Using mobile phone more effectively

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30	Ballroom dance lessons	Older Peoples Action in the Locality (OPAL)	Unit 10 Holt Park District Centre Leeds LS16 7SR T: 0113 2619103 E: ailsa@opal-project.org.uk	LS16	OPAL and Cookridge primary school	70-80yr olds 9-11yr olds	Getting to know people in the community and learning a new skill
31	Christmas Banquet	Older Peoples Action in the Locality (OPAL)	Unit 10 Holt Park District Centre Leeds LS16 7SR T: 0113 2619103 E: ailsa@opal-project.org.uk	LS16	Opal and Ralph Thoresby high school	15-18yr olds 60-100yr olds	Breaking down barriers in the community
32	Christmas dinner	Older Peoples Action in the Locality (OPAL)	Unit 10 Holt Park District Centre Leeds LS16 7SR T: 0113 2619103 E: ailsa@opal-project.org.uk	LS16	OPAL and Lawnswood high school	15-18yr olds 70-80yrols	Breaking down barriers in the community
33	Young Leaders Community Youth Volunteering Programme	NETWORKS Extended Services Cluster	Carlee Sissons Carr Manor High School Specialist Sports College Carr Manor Road Leeds LS17 5DJ T: 0113 3368400 Ext: 60836 Mob: 07971 341688	Chapel Allerton & Meanwood	Zest Health for Life Early Years Youth Service Carr Manor High School	14-18	Young People from Carr Manor High volunteering at events and projects across their community and receiving accredited outcome Improved community

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			Web: www.networks-leeds.com www.breezeleeds.org/networks E:Sissonc01@leedslearning.net				cohesion
34	ASDAN Intergenerational Cookery Project	Carr Manor High School	E:Laxtonj04@leedslearning.net	Chapel Allerton & Meanwood	Carr Manor High Feel Good Factor	13-16	Shared learning Confidence building Community Cohesion
35	Tuesday Club Games and activities club ran by young people for older people	Carr Manor High School	E:johnsoe01@leedslearning.net	Chapel Allerton & Meanwood	Carr Manor High Friends of Carr Manor High	11-16	Shared learning Confidence building Community Cohesion
36	International Day of older people	Holbeck Elderly Aid (for this event!)(referred to as HEA in rest of document)	Lesley Thornton Holbeck Elderly Aid The Community Office 123 Holbeck Towers Leeds LS11 9NH T: 0113 2455553 E: lesley.thornton@holbeckelderlyaid.org.uk	LS11 9NR	HEA; Aire Valley Homes; Home Farm Foods; Leeds City Council; PCT and many more! A mixture of statutory and voluntary	20 - 95	To celebrate with older people at the heart of their community and to break down negative stereotypes of younger and older people towards each other Increased participation and involvement in their local NNS (neighbourhood

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							network scheme) and community in which they live”:
37	Lunch clubs	Holbeck Elderly Aid (HEA)	Lesley Thornton Holbeck Elderly Aid The Community Office 123 Holbeck Towers Leeds LS11 9NH T: 0113 2455553 E: lesley.thornton@holbeckelderlyaid.org.uk	LS11 9NR	HEA; Leeds City Council; Multiple Choice	27 - 95	To ensure older people receive a cooked meal. Younger and older volunteers work together to people serve the meal
38	Tai Chi	Holbeck Elderly Aid (HEA) and/ or Feel good Factor	Lesley Thornton Holbeck Elderly Aid The Community Office 123 Holbeck Towers Leeds LS11 9NH T: 0113 2455553 E: lesley.thornton@holbeckelderlyaid.org.uk	LS11 9NR	HEA; Feelgood Factor ; Independent tutor	40 – 60	Confident older people are more likely to take part in other community participation; mobility improved and help prevent falls
39	Walking group	Leeds City Council initially – now Holbeck Elderly Aid (original partnership work)	Margaret Thompson – Walk Leader Holbeck Elderly Aid The Community Office 123 Holbeck Towers Leeds LS11 9NH T: 0113 2455553	Various Leeds 11	“Fit for Footpaths” walk group (under HEA) and originally Leeds City council	25 - 70	Older people and younger people walk in their local community with trained walk leaders. Enables intergenerational development and is cost effective as local

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							community area is utilised and is run by volunteer walk leaders.
40	Friendship group	Holbeck Elderly Aid (HEA)	Lesley Thornton Holbeck Elderly Aid The Community Office 123 Holbeck Towers Leeds LS11 9NH T: 0113 2455553 E: lesley.thornton@holbeckelderlyaid.org.uk	LS11 9NR	HEA	21 - 95	Increased participation; reduction in isolation; choice and control as service users choose what they do at this group
41	Befriending	Holbeck Elderly Aid (HEA)	Lesley Thornton Holbeck Elderly Aid The Community Office 123 Holbeck Towers Leeds LS11 9NH T: 0113 2455553 E: lesley.thornton@holbeckelderlyaid.org.uk	Various Leeds 11	HEA	30 - 70	Reduction in isolation
42	Shopping trips	Holbeck Elderly Aid (HEA)	Lesley Thornton – Holbeck Elderly Aid The Community Office 123 Holbeck Towers Leeds LS11 9NH T: 0113 2455553 E: lesley.thornton@holbeckelderlyaid.org.uk	Various Leeds 11	HEA	30 - 80	Reduction in isolation; choice and control over trip venues
43	Trips	Holbeck Elderly	Lesley Thornton	Various	HEA	30 - 80	Reduction in isolation

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		Aid (HEA)	Holbeck Elderly Aid The Community Office 123 Holbeck Towers Leeds LS11 9NH T: 0113 2455553 E: lesley.thornton@holbeckelderlyaid.org.uk	starts Leeds 11			
44	I.T. Classes	Holbeck Elderly Aid (HEA)	Lesley Thornton Holbeck Elderly Aid The Community Office 123 Holbeck Towers Leeds LS11 9NH T: 0113 2455553 E: lesley.thornton@holbeckelderlyaid.org.uk	LS11 9PG	HEA; infostore	30 - 85	Choice and control; older people taught by peers and other generations
45	Counselling	Holbeck Elderly Aid (HEA)	Lesley Thornton Holbeck Elderly Aid The Community Office 123 Holbeck Towers Leeds LS11 9NH T: 0113 2455553 E: lesley.thornton@holbeckelderlyaid.org.uk	LS11 9PG	HEA; Armley counselling	18 – 80	Reduction in isolation; choice and control
46	Craft	Holbeck Elderly Aid (HEA)	Lesley Thornton Holbeck Elderly Aid The Community Office 123 Holbeck Towers Leeds LS11 9NH T: 0113 2455553	Ingram Gardens LS11	HEA	25 – 65	Reduction in isolation; choice and control

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			E: lesley.thornton@holbeckelderlyaid.org.uk				
47	Charity shop	Holbeck Elderly Aid (HEA)	Lesley Thornton Holbeck Elderly Aid The Community Office 123 Holbeck Towers Leeds LS11 9NH T: 0113 2455553 E: lesley.thornton@holbeckelderlyaid.org.uk	LS11 9PG	HEA	25 – 85	Reduction in isolation; increased participation
48	Healthy eating	Holbeck Elderly Aid (HEA)	Lesley Thornton Holbeck Elderly Aid The Community Office 123 Holbeck Towers Leeds LS11 9NH T: 0113 2455553 E: lesley.thornton@holbeckelderlyaid.org.uk	Ingram Court and St Matthews LS11	Holbrck Elderly Aid; Fresh & Fruity; Feelgood Factor; Hamara Healthy Living Centre	25 - 80	Enhanced wellbeing and healthier life choices
49	Exercise/gym	Holbeck Elderly Aid (HEA) & Hamara Healthy Living Centre	Lesley Thornton Holbeck Elderly Aid The Community Office 123 Holbeck Towers Leeds LS11 9NH T: 0113 2455553 E: lesley.thornton@holbeckelderlyaid.org.uk	LS11	Holbeck Elderly Aid; Hamara Healthy Living Centre	30 - 60	Older people encouraged to use gym equipment at Hamara to enhance wellbeing and healthier life choices. intergenerational and mixture of ethnicities
50	Community Arts Project . 4 Week Community Art	Armley Helping Hands	Gail Badley Armley Helping Hands Community	Strawberry Lane Community	Armley Helping Hands & St Bartholomew's	8 to 9 years old	Interaction between Young and Old

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	Project November 2010		Health Support Worker Strawberry Lane Community Centre, Strawberry Lane Leeds LS12 1SF T: 0113 2799292 E: Gail- armley.hh@tiscali.co.uk Web: www.armleyhelpinghands.co.uk	Centre , Strawberry Lane Armley Leeds, LS12 1SF	School	65 Plus	Develop skills in creative art, Improve Communication
51	Circle Time 8 weeks building Bridges program January – Feb 2011	Armley Helping Hands	Karen Catterril Armley Helping Hands Community Support Worker Strawberry Lane Community Centre, Strawberry Lane Leeds LS12 1SF T: 0113 2799292 E: Karenc- armley.hh@tiscali.co.uk Web: www.armleyhelpinghands.co.uk	Strawberry Lane Community Centre , Strawberry Lane Armley Leeds, LS12 1SF Swallow Hill Community College Whingate Road	Armley Helping Hands Swallow Hill Community College	15 & 16 Years olds 65 Plus	Community engagement Develop Trust Develop a understanding of each other Roles and Responsibilities Improve Communication

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				Armley Leeds LS12 3DS			
52	<p>Community Web Design Project</p> <p>A web design course with the outcome been a interactive web page for Armley Helping Hands</p> <p>January – June 2011</p>	PCM Web Designers	<p>Sula Windgassen PCM Unit 3A Station Way Armley Leeds LS12 3HQ T:0113 231 1066 E:sw@pcmmedia.eu</p> <p>Dawn Newsome Armley Helping Hands Project Manager Strawberry Lane Community Centre, Strawberry Lane Leeds LS12 1SF T:0113 2799292 E:dawn-armley.hh@tiscali.co.uk</p>	<p>Strawberry Lane Community Centre , Strawberry Lane Armley Leeds, LS12 1SF</p> <p>PCM Unit 3A Station Way Armley Leeds LS12 3HQ</p>	<p>Armley Helping Hands</p> <p>PCM Web Designers</p> <p>West Leeds Academy</p>	15 & 16 Years olds	<p>Personal finding out about the elderly peoples' time there.</p> <p>Corporate finding out the affiliations, etc.</p> <p>Coordination of design and structure of web page</p> <p>Students should work with the elderly people there to create an appropriate sitemap and design specifications.</p>
53	<p>Circle Time</p> <p>8 weeks building Bridges program</p> <p>June & July 2011</p>	Armley Helping Hands	<p>Karen Catterril Armley Helping Hands Strawberry Lane Community Centre, Strawberry Lane Leeds LS12 1SF T:0113 2799292</p>	<p>Strawberry Lane Community Centre , Strawberry Lane Armley</p>	<p>Armley Helping Hands</p> <p>Swallow Hill Community College</p>	<p>15 & 16 Years olds</p> <p>65 Plus</p>	<p>Community engagement</p> <p>Develop Trust</p> <p>Develop a understanding of each</p>

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			E:Karenc-armley.hh@tiscali.co.uk	Leeds, LS12 1SF Swallow Hill Community College Whingate Road Armley Leeds LS12 3DS			other Roles and Responsibilities Improve Communication
54	Christmas Entertainment Live at Home	Rothwell CE Primary School	Martin Skinner Queensway, Rothwell, Leeds, West Yorkshire LS26 0NB T: 0113 214 6312 E: skinnem02@leedslearning.net	LS26 0NB	Rothwell CE Primary School /Live at Home	5 - 60+	Joint celebration of Christmas. Children performing and having the chance to meet older people and share their stories, memories, thoughts
55	Christmas party at Allerton High School	Allerton High School and Moor Allerton Elderly Care (MAECare)	57 Cranmer Bank Leeds LS17 5JD T: 0113 266 0371 E: carol@maecare.org.uk	LS17 5JD	Allerton High School and MAECare	11-18 and over 60s	To improve understanding between the generations
56	Christmas Hampers	Allerton High	57 Cranmer Bank Leeds LS17 5JD T: 0113 266 0371 E:	LS17 5JD	Allerton High School and MAECare	11-18 and over 60s	For younger people to make a positive contribution to older people's well being

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			carol@maecare.org.uk				
57	Spring Bulbs	Allerton High	57 Cranmer Bank Leeds LS17 5JD T: 0113 266 0371 E: carol@maecare.org.uk	As above	Allerton High School and MAECare	11-18 and over 60s	For younger people to make a positive contribution to older people's well being
58	Social activities at the MAECare Stroke Club St Pauls school choir singing and they also join in the Anklung musical activity	Moor Allerton Elderly Care (MAECare)	57 Cranmer Bank Leeds LS17 5JD T: 0113 266 0371 E: carol@maecare.org.uk	LS17 5JD	St Paul's Primary school	8-11 and over 60	For both generations to share enjoyment in an activity
59	Cashpoints Y10 students with adult business advisers	Education Leeds Education Business Partnership (EBP)	Mike Cooper Leeds West City Learning Centre, Swallow Mount Leeds LS12 4RB T: 0113 2883560 Mob: 07891 271071 E: coopermj04@LeedsLearning.net		Various business partners		Improved financial awareness & employability skills
60	Smoothie Challenge Y6 students with adult business advisers	Education Leeds Education Business Partnership (EBP)	Mike Cooper Leeds West City Learning Centre, Swallow Mount Leeds LS12 4RB T: 0113 2883560 Mob: 07891 271071 E: coopermj04@LeedsLearning.net		Various business partners		Improved financial awareness & employability skills

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			LeedsLearning.net				
61	It All Adds Up Y6 students with adult business advisers	Education Leeds Education Business Partnership (EBP)	Mike Cooper Leeds West City Learning Centre, Swallow Mount Leeds LS12 4RB T: 0113 2883560 Mob: 07891 271071 E: coopermj04@LeedsLearning.net		Various business partners		Improved financial awareness & employability skills
62	One-to-One Befriending Project	Older Active People	Nadira Siddique Cardigan Centre 145 -149 Cardigan Road, Leeds LS6 1LJ T: 0113 274 9154 E: info@olderactivepeople.org.uk Web: www.olderactivepeople.org.uk	LS1, LS2, LS3, LS4, LS5, LS6		Older People over 70s Younger people over 20s	Reduction of social isolation and social exclusion
63	Harvest Festival & Celebration Oct 2010	Rothwell & District Live at Home Scheme	Lesley Tweed Rothwell & District Live at Home Scheme The Baptist Church Hall Wood Lane Rothwell LS26 0PG Tel: 0113 2880887	Rothwell LS26	Rothwell Primary School	1.Older people over 60 2.Young People aged between	For both generations to share enjoyment in an activity

	Name & brief details of the Project/s	Lead organisation/s	Contact details	Postcode / where happening	Organisation/s involved	Age range of participants	Planned/ achieved outcomes
			E: rothwell.liveathome@virgin.net			5 - 11	
64	Christmas Reception & Concert Dec 2010	Rothwell & District Live at Home Scheme	Lesley Tweed Rothwell & District Live at Home Scheme The Baptist Church Hall Wood Lane Rothwell LS26 0PG Tel: 0113 2880887 E: rothwell.liveathome@virgin.net	Rothwell LS26	Rothwell Church Of England School	1.Older people over 60 2.Young people aged between 5 - 11	To improve understanding between the generations
65	Silver Friends Activity Afternoon February 2011	Rothwell & District Live at Home Scheme	Lesley Tweed Rothwell & District Live at Home Scheme The Baptist Church Hall Wood Lane Rothwell LS26 0PG Tel: 0113 2880887 E: rothwell.liveathome@virgin.net	Rothwell LS26	Royds School Specialist Language College	1.Older people over 60 2.Young people aged between 11 - 18	For younger people to make a positive contribution to older people's well being
66	Silver Friends Activity Afternoon May 2011	Rothwell & District Live at Home Scheme	Lesley Tweed Rothwell & District Live at Home Scheme The Baptist Church Hall Wood Lane Rothwell LS26 0PG Tel: 0113 2880887	Rothwell LS26	Royds School Specialist Language College	1.Older people over 55 2.Young people aged between	For younger people to make a positive contribution to older people's well being

	Name & brief details of the Project/s	Lead organisation/s	Contact details	Postcode / where happening	Organisation/s involved	Age range of participants	Planned/ achieved outcomes
			E: rothwell.liveathome@virgin.net			11 - 18	
67	PAT Parenting Apart Together: to provide support for separating and separated parents in the Gipton/Harehills area of Leeds.	Relate Leeds	Jaan Malik Oxford Place Leeds LS1 3AX T: 0113 245 2595	LS8, LS9	Relate Leeds Home-Start Leeds CAB	Parents with children under the age of 18	10 – 12 Families Strengthening relationship between parents and children
68	Family Fusion Support parents to have a better understanding of their children's behaviour and tackle issues through play activities	Shantona Women Centre	Fahima B Rahman Shantona Womens Centre C/o Bangladeshi Centre Roundhay Road Leeds LS8 5AN T: 0113 2497120 E: Fahima@shantona.co.uk	LS8, LS9 and other areas tbc	Think Family	Families with 6 – 13 year old children whom have been referred.	6 – 8 Families: Bonding opportunity for families and siblings.
69	Shantona Morning Walking Program	Shantona Women Centre	Fahima B Rahman/ Husna Ullah Shantona Womens Centre C/o Bangladeshi Centre Roundhay Road Leeds LS8 5AN T: 0113 2497120 E:	LS8, LS9	non	No age limit as its for parents who drop off children at school to join in physically active program	Encourage families to build physical exercise in their daily routine as part of healthy lifestyle

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			Fahima@shantona.co.uk				
70	Family Fun Day Open event for the family during the summer half term. Children and mothers to take part in a variety of activities and also to explore what support the centre can offer them throughout the year	Shantona Womens Centre	Fahima B Rahman/Shantona staff Shantona Womens Centre C/o Bangladeshi Centre Roundhay Road Leeds LS8 5AN T: 0113 2497120 E: Fahima@shantona.co.uk	LS8, LS9	All that are based at Shantona	All ages	Open day to publicise annual programmes of Shantona and encourage participation from all age groups especially those whom rarely attend in order to foster good relations in the local community
71	Healthy fun after school stuff Healthy activities for mother and children twice a week for a duration of 6 weeks	Shantona Women Centre	Fahima B Rahman/Shantona staff Shantona Womens Centre C/o Bangladeshi Centre Roundhay Road Leeds LS8 5AN T: 0113 2497120 E: Fahima@shantona.co.uk	LS8, LS9		Families with children whom have been referred in-house and otherwise	6 – 8 Families: Encourage good/ healthy eating at home and introduce healthier ways of cooking food at home as a family
72	Summer play-scheme Various fun activities to start off the school summer break	Shantona Women Centre	Fahima B Rahman/Husna Ullah/Conexions PA Shantona Womens Centre	LS8, LS9		8 – 19 girls only	20 Girls: strong demand for places and currently run in summer and Easter, but are looking to

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			C/o Bangladeshi Centre Roundhay Road Leeds LS8 5AN T: 0113 2497120 E: Fahima@shantona.co.uk				open during more school holidays.
73	Easter play-scheme Various fun activities to start off the Easter school break	Shantona Womens Centre	Fahima B Rahman/Husna Ullah/Conexions PA Shantona Womens Centre C/o Bangladeshi Centre Roundhay Road Leeds LS8 5AN T: 0113 2497120 E: Fahima@shantona.co.uk	LS8, LS9		8 – 19 girls only	20 Girls: strong demand for places. We currently run in summer and Easter, but are looking to open during more school holidays.
74	Gardening Project. Getting centre's garden ready for spring.	Shantona Women Centre	Fahima B Rahman/Husna Ullah Shantona Womens Centre C/o Bangladeshi Centre Roundhay Road Leeds LS8 5AN T: 0113 2497120 E: Fahima@shantona.co.uk	LS8, LS9		All ages	20 people To foster good relationship with all ages through talking part in community work.

	Name & brief details of the Project/s	Lead organisation/s	Contact details	Postcode / where happening	Organisation/s involved	Age range of participants	Planned/ achieved outcomes
			k				
75	Swimming Weekend swimming for girls and mothers	Shantona Women Centre	Fahima B Rahman/Shantona staff Shantona Womens Centre C/o Bangladeshi Centre Roundhay Road Leeds LS8 5AN T: 0113 2497120 E: Fahima@shantona.co.uk	Local swimming pool		Boys under the age of 5 Mothers and daughters	20+ Bonding opportunity for families and siblings
76	Connexions Providing intensive support to 13 – 19 year old girls	Shantona Women Centre	Shahina Begum Shantona Womens Centre C/o Bangladeshi Centre Roundhay Road Leeds LS8 5AN T: 0113 2497120 E: Shahina@shantona.co.uk	LS8, LS9	Shantona	13 - 19	NEET to EAT
77	Maternity Outreach Volunteers To train volunteers to improve health and life chances of mothers and children. The programme aims to help tackle issues	Shantona Women Centre	Preeti Shantona Womens Centre C/o Bangladeshi Centre Roundhay Road Leeds LS8 5AN T: 0113 2497120	Citywide	NHS Leeds	18+	To train women from BME communities to become maternity outreach volunteers. Training programme is starting in January

	Name & brief details of the Project/s	Lead organisation/s	Contact details	Postcode / where happening	Organisation/s involved	Age range of participants	Planned/ achieved outcomes
	around infant mortality.		E: preeti@shantona.co.uk				
78	Mobile crèche To provide affordable, flexible good quality sessional childcare side by side with support training, education and activities in the communities	Shantona Women Centre	Tam le Shantona Womens Centre C/o Bangladeshi Centre Roundhay Road Leeds LS8 5AN T: 0113 2497120 E: tam@hantona.co.uk	LS8 LS9	Local community, children's centres, Pat, Women's health matters.	Under 's 8	To become self sufficient. Already we have achieved and made strong links with other key organizations and users in the area. Establish partnership working between communities and key agencies in order to build up cohesive neighbourhoods.
79	Early Years Nursery To provide care for children of pre-school aged (NEG), and support them in getting prepared for starting school.	Shantona Women Centre	Surinder Rall Shantona Womens Centre C/o Bangladeshi Centre Roundhay Road Leeds LS8 5AN T: 0113 2497120 E: surinder@shantona.co.uk	LS8 LS9	Local school and Early years centre.	3 - 5 years	To support young children and parents for getting them ready for children starting school, i.e. to support in areas of emotional, social, language and physical.
80	Holiday Playscheme Play scheme ages 4 - 8 yrs	Shantona Women Centre	Tam Le and Surinder Rall Shantona Womens Centre	LS8 LS9	Leeds play network	Under 's 8 22 children	To built up a good reputation and now have a strong demand for places.

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			C/o Bangladeshi Centre Roundhay Road Leeds LS8 5AN T: 0113 2497120 E: surinder@shantona.co.uk				We currently run in summer and Easter, but are looking to open during more school holidays.
81	Half term activities To provide learning and play opportunities for children through a wide range of planned play activities	Shantona Women Centre	Tam Le Shantona Womens Centre C/o Bangladeshi Centre Roundhay Road Leeds LS8 5AN T: 0113 2497120 E: tam@shantona.co.uk	LS8 LS9		Under 's 8	We successfully ran half term activities during October with a Halloween theme. Children really enjoyed it and even asked when we were holding the next one.
82	Come and play A weekly session for parents and children to come and play together.	Shantona Women Centre	Mewa and Surinder Rall Shantona Womens Centre C/o Bangladeshi Centre Roundhay Road Leeds LS8 5AN T: 0113 2497120 E: surinder@shantona.co.uk	LS8 LS9		parents and children	We are looking to provide structured session delivering support around playing, interacting and supporting their children's development.
83	Parenting course Sessions supporting parents in areas such as health, well being and their	Shantona Women Centre	Tam Le and Surinder Rall	LS8 LS9		parents and children	The parenting course has helped parents develop in areas such as language,

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	education.						awareness of services, well being and health. This helped to lift barriers for parents.
84	Friday Luncheon club/Discussion group: Providing lunch to the elderly women group. This is to reduce isolation and to create social interaction.	Shantona Women Centre-Health	Shafia B Ali Shantona Womens Centre C/o Bangladeshi Centre Roundhay Road Leeds LS8 5AN T: 0113 2497120 E: shafia@shantona.co.uk	LS8 LS9		60 and over	Overall the session has proven to be successful -with a high number of participants.
85	Grandparents group: Sessions to encourage grandma's to interact through early intervention in their education and strengthening existing relationship with grandchildren.	Shantona Women Centre - Health	Shafia B Ali Shantona Womens Centre C/o Bangladeshi Centre Roundhay Road Leeds LS8 5AN T: 0113 2497120 E: shafia@shantona.co.uk	LS8 LS9		3-6 children and 50 over	Intergenerational work bridges the gap between the ages, it increases self esteem and confidence. We achieve this by providing activities that encourage spending time with each other, using the communication skills of older people to share history and knowledge.
86	Healthy eating: through	Shantona Women	Shafia B Ali	LS8 LS9		Women 18+	Preparing & cooking

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	food fusion and cooking on a budget, using multicultural food visual aid tool.	Centre- Health	Shantona Womens Centre C/o Bangladeshi Centre Roundhay Road Leeds LS8 5AN T: 0113 2497120 E: shafia@shantona.co.uk			Children 4+	food together and also enjoying the moment of eating together. This creates happy atmosphere for both age range by transferring skills, cultural and traditional recipes through sharing experience of different types of foods.
87	New Year Party -Student volunteers plan, organise and deliver a fun event for local older people; including a 3 course dinner, entertainment and games	CALM Volunteering, (Leeds Met Students' Union) Leeds Met Residences	Jenine Poyser CALM Leeds Met Students Union, Civic Quarter Calverley Street Leeds LS1 3HE T: 0113 8128415 Mob: 07973 199819 E:calm@leedsmetsu.co.uk / J.Poyser@leedsmet.ac.uk	LS5 3RX	Guests will be invited from the following organisations: Caring together Older Active People Step	Unknown – the event hasn't taken place yet!	Provide a fun day for members of local older people's organisations and - develop relationships between students and local residents -reduce stereotypes and prejudices associated with both groups
88	IT Training course -a 10 week training course	CALM Volunteering	Jenine Poyser CALM	LS1 3HE	Caring Together	Unknown – the project	-Increased computer skills and knowledge.

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	led by student volunteers for members of Caring Together focused on basic computer skills, how to use the internet and uploading photogrpahs	(Leeds Met Students' Union)	Leeds Met Students Union, Civic Quarter Calverley Street Leeds LS1 3HE T: 0113 8128415 Mob: 07973 199819 E:calm@leedsmetsu.co.uk uk/J.Poyser@leedsmet.ac.uk			hasn't started yet.	-Skill sharing -Develop relationships between students and local residents -reduce stereotypes and prejudices associated with both groups