

Adults 'Back to Netball' Sessions

Enjoyed playing netball at school? Stopped playing and would love to start again? Looking for a new fun activity?

'Back to netball' sessions are fun and social gentle re-introductory sessions for ladies aged 16+ yrs wishing to get back in to netball or to increase their fitness levels. The sessions consist of skill sessions, circuit fitness sessions and game play. This is a brilliant way to improve your fitness and to get back playing netball. Never played before? Fear not, most of the ladies are like you and brand new to the sessions, so come and long and give it a go!!

'Back to netball' sessions:

Morley leisure centre, circuitNET, starts 14th June, Tuesdays, 12.30-1.30pm, £2.80 for first 6 weeks, £4.80 thereafter

Bruntcliffe high school, Morley, back to netball, Tuesdays, 4.30-5.30pm, £1

Hamara centre, Beeston, circuitNET – women only, Wednesdays 10.00-11.00am, £1

Armley primary school, Armley, back to netball – child and parent, Wednesdays, 3.30-4.30pm, £1

Carr Manor high school, back to netball, Wednesdays, starts 15th June, 6.00-7.00pm, £1

Thomas Danby sports centre, back to netball –NHS employees only, Wednesday 6.00-7.00pm, starts 27th July, £2.

Morley Victoria primary school, back to netball, Thursdays, 3.30-4.30pm, £1

Rothwell leisure centre, Back to netball, starts 23rd June, Thursdays, 7.00-8.00pm, £2.80 for the first six weeks and £4.80 thereafter.

Armley leisure centre, Fridays, back to netball, starts 27th May, 6.00-7.00pm, £2.80 for first 6 weeks, £4.80 thereafter.

Morley leisure centre, back to netball, starts 17th June, Fridays, 7.30-8.30pm, £2.80 for first 6 weeks, £4.80 thereafter.

Rothwell leisure centre, back to netball, Sundays 7.00-9.00pm, £4.50

If you would like any further information please don't hesitate to contact me, Emily Hearle at emily.hearle@englandnetball.co.uk or on 07872407218. See you there!!



