



## 7 day hot meals service

This is a subsidised meals service for people who have been assessed by Adult Social Care.

Leeds City Council provides a hot meals home delivery service seven days a week across the whole of the city.

## **What can the service provide?**

A daily two course hot meal delivered freshly cooked at lunchtime.

A cold meal delivered at the same time, made up of a sandwich, cake or bun and a fruit drink.

The meals service provides meals to meet most dietary needs and includes the following:

- Traditional                      African/caribbean
- Asian                                Hot and cold desserts
- Kosher                                Sandwiches
- Halal                                  Vegetarian

We can also cater for special diets including:

- Diabetic                              Low salt
- Gluten free                        Soft or pureed food

## **What will it cost?**

From 4th April 2011 the hot meal will cost £4.00 for two courses, or £3.00 for a main course and £1.00 for a dessert. The charge for the cold meal will be £2.30. You cannot get a cold meal delivered without a hot meal delivered the same day.

This charge will be a daily maximum of between £5.30 and £6.30 for two meals delivered to your door.

### **How will I pay?**

We will send you a monthly bill and ask you to send us a cheque or postal order by return of post.

If you would prefer a friend or relative to pay for you, we can send your account to them instead.

### **Who can receive this service?**

Most people assessed as needing support with meals who are able to feed themselves without help. If you need help to eat, or have periods of confusion, this is not the service for you.

### **What if I already get meals support from home care or community support services?**

This support will stop. If they help you with other things, then that part of your support will continue.

### **Can I keep my home care or community support service to help provide my meals?**

Not for lunch or tea. Unless you need special assistance, we will be providing you with a hot and cold daily meal delivery service instead.

## Who will provide these meals?

The meals are provided by the same council service that has been providing meals in Leeds to eligible people now for over 40 years. The person delivery your meal will wear an identification badge with their photograph for your security.

If you receive a hot meal we recommend that you eat it as soon as it is delivered so that you can enjoy your meal at it's best. Cold food should be kept in the fridge until required.

If you have any questions, comments or concerns please contact the catering manager:

by phone: 0113 247 8577; or

by email: [mealsathome@leeds.gov.uk](mailto:mealsathome@leeds.gov.uk)

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For general information about Adult Social Care telephone Customer Services on 0113 222 4401

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