

Trans Pennine Trail



Payment Details:-

Item Price Quantity / Price

TPT Map 1 Irish Sea - Yorkshire (West)	£5.95 each	[]
TPT Map 2 Derbyshire - Yorkshire (Central)	£5.95 each	[]
TPT Map 3 Yorkshire - North Sea (East)	£5.95 each	[]
Visitor & Accommodation Guide	£6.95 each	[]
Baseball Cap	£4.00 each	[]
T-Shirt - indicate size(s) S M L XL	£6.00 each	[]
Woven Badge	£1.50 each	[]
Mouse Mat	£3.49 each	[]
China Mug	£5.95 each	[]
Pencils	30p each / 4 for £1	[]
Stamping Cards	FREE	[]

Discount if all 4 publications ordered £ 1.50

Sub Total: £

P & P - 4 items add £0.95 £

- 1 to 3 items £0.75 £

TOTAL £

Cheques must be payable to 'Barnsley MBC'

Card Type:

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Full Christian & Surname:

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Return to: Trans Pennine Trail Office, c/o Barnsley MBC, Neighbourhood Services, PO Box 605, Barnsley, S70 9FF

What is the Trans Pennine Trail?



The Trans Pennine Trail (TPT) is a route for walkers, cyclists and horse riders that links the North and Irish Seas, passing through the Pennines, alongside rivers and canals and through some of the most historic towns and cities in the North of England.

The Trail from coast-to-coast between Southport and Hornsea is 215 miles (346Km) long. A north-south route connects Leeds and Chesterfield and a spur to York means there are approximately 350 miles (560 km) of Trans Pennine Trail available to explore.

The Trans Pennine Trail is mapped and signed all the way, mainly traffic free and, considering the dramatic scenery along the way, is surprisingly level.

Easy gradients and surfaced paths make many sections suitable for families with young children, for gentle exercise and by people using wheelchairs and pushchairs.

So whether on foot, horse or cycle; for a day or longer; alone with friends and family - the Trans Pennine Trail (TPT) can offer something for everyone.

Contact Us . . .

Trans Pennine Trail Office
c/o Planning & Transportation
PO Box 604
Barnsley
S70 9FE

01226 772574

info@transpenninetrail.org.uk
www.transpenninetrail.org.uk

Maps, Guides and Souvenirs . . .

The TPT is covered on three detailed, full colour, Ordnance Survey based maps, printed on waterproof paper. For planning a holiday, the 'Trans Pennine Trail Accommodation & Visitor Guide' has essential information on attractions, places to stay and

facilities along the Trail.

The three maps of the Trail, the Visitor Guide and souvenirs can be purchased from the TPT Office by returning the order form overleaf or by telephoning 01226 772574, or through our website



Map 1 (West) Irish Sea - Yorkshire covers the Western Section of the TPT, from Southport on the Irish Sea to RSPB Old Moor, near Barnsley.



Map 2 (Central) Derbyshire - Yorkshire covers the Central area of the TPT, from Penistone to Sprotbrough near Doncaster and all of the north-south route between Leeds and Chesterfield.



Map 3 (East) Yorkshire - North Sea covers the Eastern Section of the TPT, from RSPB Old Moor near Barnsley, through to Hull and Hornsea. This map also covers the route from Selby to York.



TPT Accommodation & Visitor Guide is a full colour guide with details of accommodation, visitor attractions plus lots of other practical information enabling you to travel the whole of this unique route.



Baseball Cap - for all those sunny days on the TPT! Beige cotton, with our logo embroidered on the front, adjustable size.



T-Shirt - This high quality unbleached cotton T-shirt is printed with a colour map on the front and a tour style listing of places on the TPT on the back.



Mouse Mat - The mat is non-slip with a high grip finish and features our distinctive logo, web link, and phone number.



China Mug - Relax and unwind with a cuppa, relive your memories of the Trail as you sip from a TPT china mug! The design features a map of the route and the TPT Seamark.



Pencils - Trans Pennine Trail pencils in green with logo and contact number - cleverly made from recycled vending cups!

How to order . . .

- Complete and return the form overleaf
- Online at www.transpenninetrail.org.uk
- By phone to 01226 772574

Get involved with the TPT . . .



Volunteer Rangers

With 350 miles of the Trans Pennine Trail to look after, our Volunteer Rangers fill a vital role.

Each volunteer takes on a stretch of the Trail close to their home and reports problems to the TPT office. This might include issues such as litter, overhanging vegetation, damaged or missing signs and surface problems.

There are a variety of other activities that our volunteers take on depending on the time they have available. These include organising clean-ups, trimming branches, putting up temporary signs or waymarks, running guided rides or walks, and more...

The scheme operates in association with Sustrans and all Volunteer Rangers are issued with a Handbook, hi-vis jacket, ID card and are covered by insurance. For more information or to get involved contact the Trans Pennine Trail Office.

The Friends of the Trans Pennine Trail

The 'Friends' is a group of people from all across the Trans Pennine Trail who believe it to be a brilliant facility and wish to protect and support it, actively assisting the TPT office and Local Authorities in their work for the Trail.

This support takes many forms, including spreading the word, doing presentations, attending events on behalf of the TPT staff and keeping the office informed on what users think.

We also campaign for the Trail and lobby agencies in order to protect it from conflicting proposals such as development affecting sections of Trail. Some Friends also act as Volunteer Rangers, but many join simply to support and keep informed about the TPT.

If you feel that the TPT offers you something great please join us, whether its to be active or just to show your support. Membership fees are used to support our work and to keep everyone informed through the newsletter '*Up and Over*'.

Contact the Friends Secretary for further details: Richie Haynes, 32 Dalebrook Court, Sheffield, S10 3PQ. Tel. 0114 230 5358 Email: Haynes-y@sky.com

The Trans Pennine Trail is a great place to get out and take some exercise - whether you want to walk, cycle or horse ride.

Experts agree that regular moderate exercise can help protect the body from many illnesses and conditions, including heart disease and stroke, high blood pressure, osteoarthritis, obesity, the most common type of diabetes and many cancers. It's also a great way to relieve stress and stay happy. Combined with a health diet it can also help you maintain a healthy weight.

Adults are recommended to take 30 minutes of exercise five times a week, so getting out on the TPT can help you to achieve this, especially if you can use it for regular journeys to work, school or the shops.

If you don't want to go it alone there are lots of ways you can join existing groups to get active:

Health Walks - there are lots of groups across the Trail that do



easy walks to help people slowly build up their fitness.

Guided Walk - lots of local authorities run guided walks so you can step out with others and usually find out something about the local area on your walk. Guided walks on and close to the TPT are listed on our website.

Walking Groups - there are active groups in many areas, including Ramblers Association groups where you can get walking every week.

Your Local Authority or local Tourist Information Centre should be able to supply details of these.



Did you know . . .

The idea for the TPT came for the opportunity to make recreation use of many old railways across the North of England and was launched in 1989. The Trail was developed over 12 years by 26 local Councils working together. The full TPT route officially opened in September 2001.



The Trail for Walkers . . .

The Trail is a multi-user route, but designed with walkers in mind so it provides a great way to explore the countryside whether you want to go for an afternoon stroll or are thinking of a journey right across northern England.

Much of the Trail follows old railway lines, canal towpaths and river sides. It is relatively flat, so it provides easy walking and the route is well signed.

For much of the route, walkers share the Trail with cyclists and horse riders but there are many miles where the walkers follow a different parallel route allowing you to stay off-road for even more of the route. This includes crossing the East Riding or Yorkshire where walkers can meander along the side of the

Ouse and Humber, and near Southport where walkers can explore through the Sand dunes. Elsewhere there are a few alternative routes that only walkers can enjoy.

As the route is well served by public transport it is easy to plan a one-way walk on the TPT. And with hundreds of public footpaths connecting to the Trail right across the route, there are countless possibilities for circular walks making use of the TPT for part of the way.

Did you know . . .

In 2006 ramblers walked from across Europe and came together in Penistone to walk part of the TPT (and E8) and celebrate the routes status as a part of an international route.

Guides to more sections will be added once the details have been collected. Any riders wanting to help produce a guide to their local section of the Trail should contact the TPT Office.

Horse Box Parking Facilities

Where space allows, parking facilities suitable for horse boxes and trailers have been provided to enable riders to visit the Trail. At some locations there are also hitching rails and mounting blocks.

Why isn't the full TPT route available to horse riders?

Although the route was originally envisaged for walkers and cyclists, it was quickly realised that much of it would be suitable for horse riders and where possible an equestrian route was provided.

However routing the Trail through built up areas and along canal

Did you know . . .

A feeder route is being developed to link Penistone to the Pennine Bridleway. When complete this, combined with the main Pennine Bridleway and the TPT route, will create a 40 mile riding circuit similar to the Mary Townley Loop and the route will be virtually all off-road

towpaths created sections of the route where this could not be achieved. For example horse riding is not allowed on canal towpaths which the Trail follows in a number of places. In built up areas, the physical width constraints of the route used by the TPT does not allow sufficient room for a bridleway route, as well as there being busy road crossings and on-road sections that are too busy to recommend as a horse riding route.



Sections of the TPT available to horse riders are marked in green on the above map.



The Trail for Horse Riders ...

As the TPT route makes use of old railway lines, canal towpaths, purpose built sections of Trail as well as existing paths, bridleways and minor roads, wherever possible the route has been made accessible to horse riders.

This means that there are approximately 200 miles of the Trail available to horse riders all across the route. The longest continuous section available is just over 40 miles, which also connects to the Pennine Bridleway route at Tintwistle.

The sections that are available to horse riders are clearly marked on the TPT maps and in green on the map on the next page.

The TPT Equestrian Guide

We are in the process of developing a series of guides to the horse riding sections of the Trans Pennine Trail. These have been developed by horse riders as an accompaniment to the Trans Pennine Trail maps to help other riders discover sections of the Trail.

They include details such as the features and hazards on the route, the proportion of off and on road in each section and the availability of parking areas suitable for horseboxes. So far guides have been produced for 6 sections of the Trail. These are available from the TPT office or can be downloaded from our website.

Easy Access on the TPT

As many miles of the TPT are off-road and have easy gradients, much of it is suitable for and regularly used by people using wheelchair or mobility scooter.

However there are also some sections that are less accessible due to steps or access controls installed to prevent illegal motorbike use on the Trail.

We are working on compiling a list of the type and location of each access control on the route and continuing to work with partners to make the TPT as accessible as possible by improving or removing access controls wherever we can and providing good path surfaces. Our long term aim is to be able to access audit the whole of the TPT route and make this information available to Trail users.

Should you have a problem with an access control on the Trail please contact the relevant Local Authority or the Trail Office.



The TPT and the E8

The TPT is part of E8 European Long Distance Footpath, which is a



route under development across the continent. The European Ramblers Association has identified the walking route of the Trans Pennine Trail between Liverpool and Hull as the British leg of the E8, with ferry connections from Liverpool and Hull to the Irish and Dutch sections of the E8.

The Trans Pennine Trail was the first designated 'E' route in Britain and is the only section of the E8 that is multi-user as the rest of the E8 route on Continental Europe is for walkers only.

The E8 is already available for walkers in the Netherlands, Germany, Austria, Slovakia, Poland and currently continues to the Polish/Ukraine border. Part of the route has been developed in Bulgaria and it is hoped to develop it as far as Istanbul.

Further Information on the E8 route can be found on the European Rambler Association website: <http://www.era-ewv-ferp.org/index.php?E8>

A booklet (Lingepad,2002) - is available in Dutch but includes useful maps.

The Trail for Cyclists . . .



Unlike most other long-distance cycle routes in the UK, the Trans Pennine Trail is mostly off-road. The Trail is a multi-user route designed with cyclists in mind and provides a great way to explore both urban areas and the countryside - whether that's just an afternoon ride or a journey across northern England.

Much of the Trail was purpose built using many miles of disused railway lines, canal towpaths, riversides, newly created cycle paths and sections of minor roads. In fact over 60% of the Trail's cycle route is off-road and traffic-free.

Traffic-Free Cycling

As the Trail uses many miles of old railway lines, canal towpaths

and purpose built paths, not only is so much of it traffic free but it is also easy going - so it is well suited for trips by families with young children, inexperienced cyclists and anyone wanting a nice relaxing ride.

Ride along old railways, canals, through the Solar System (yes, really!), along quiet river valleys - there are so many traffic-free sections of TPT to choose from!

Did you know . . .

The TPT coast to coast route is achievable by most cyclists with a little preparation. Most people take 4 or 5 days to cycle the 215 miles from Southport to Hornsea.

The quickest trip we know of covered the route in just over 37 hours!

Traffic-free cycling

On the TPT you can go for many miles exploring easy going, traffic-free routes which are ideal for families and inexperienced cyclists. The map below highlights in green all the main traffic-free sections of the route where the most you will find is an occasional road to cross.

These range from a couple of miles up to return journey's of 30 or more miles, so you can do as much or as little as you feel up to. For more details of these please see our guide to traffic-free cycling on the Trail available either on our website, from the TPT office or get hold of the TPT route maps. For more details ask for our traffic free cycling information from the TPT office or visit our website.

In addition to the traffic-free sections there are many miles on



very quiet roads including the route on road sections between Doncaster and Selby or from Selby across to North Ferriby - making for pleasant cycle rides.

What's more, many of these off-road sections can also be linked together or linked to rail stations by short stretches on road.



Map showing the main traffic-free cycling sections of the TPT (marked in green).