

**Learning and Leisure
Sport and Active Recreation**

East Leeds Leisure Centre
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JUNIOR STRIKER9 FOOTBALL COACHING PROGRAMME

AUTUMN 2009 TERM INFORMATION - Monday 7th September 2009 until Saturday 19th December 2009.

The Striker 9 Football Award Scheme is a fun skills programme for 5-16 year olds. All you need is the desire to play football and Striker 9 will help with the rest.

**Develop your football skills,
Learn about rules & conduct, fitness and nutrition
Become healthier, more active & have fun**

You will be able to chart your progress through the nine levels in your very own Striker file by collecting the medals and certificates. When you have passed each skill you will progress through to the next level with the ultimate goal of achieving the Gold award.

Our Junior Striker9 Football Coaching Programme runs during school term times. These vary in length from term to term. Your child will get one hour coaching session per week. Payment for the term should be made on enrolling. Unfortunately no refunds can be given for sickness or holidays.

All children are continually assessed throughout the term culminating in assessment and badge weeks each child will then be allocated a lesson. Please be aware that it will not always be possible to keep the same day and / or time as current lesson if children have been moved up with age or ability.

If the allocated lesson is not on a convenient day or time parents can ask to change their lesson at the time of payment. At this point if an appropriate lesson time cannot be found the pupils name will be added to the "request to change list" and each parent will be contacted once all "non payers" have been taken off the system.

When entering the building please make sure you report to reception to register for your child's session. This should not be done after the session. A parent or guardian of children under the age of eight years must stay in the building at all times.

Children should not enter the sports hall unless there is a Striker coach present.

All players must have a Striker9 portfolio. They will use this portfolio to record their progress through the STRIKER9 programme. In the Striker9 portfolio it states that 'all players taking part in Striker9 must wear shinpads. This must be adhered to for safety reasons and those who do not adhere will be asked not to participate in the class. We sell shin pads as well as other branded Striker9 merchandise at Reception. At the moment we have a promotion where you can buy the shin pads, a sports water bottle and a boot bag for a discounted price of £10.20.

It is encouraged that your child should bring a drink into the session with them. We request that this be in a sports bottle as no other types will be allowed into the Sports Hall. This is because of the danger of spillage which could cause a Health & Safety risk to your child and others.

If there are any changes with regards to personal details, ie. Contact telephone number, change of address or any medical conditions please contact reception.

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AUTUMN 2009 TERM INFORMATION - Monday 7th September 2009 until Saturday 19th December 2009.

The next course of coaching sessions will run for 14 weeks starting week commencing Monday 7th September 2009 until Saturday 19th December 2009. There will be a one week break for Autumn half term from Monday 26th October 2009 until Saturday 31st October 2009.

AGE REQUIREMENTS

From five years to seven years

STRIKER9 MINIS

From eight years and above

STRIKER9 JUNIORS

STRIKER9 MINIS (5 – 7yrs) sessions -

Wednesdays at 4.00pm - 5.00pm & Thursday 4.00pm – 5.00pm

STRIKER9 JUNIORS (8 years +) sessions -

Wednesdays at 5.00pm - 6.00pm & Thursday 5.00pm – 6.00pm

Prices for Junior Striker9 Football Coaching for 14 weeks

Standard price is £4.30 per lesson = £60.20

LeedsCard price is £3.80 per lesson = £53.20

LeedsCard Extra price is £2.60 per lesson = £36.40

All participants on our Junior Striker9 football coaching programme will receive a FREE Striker9 football.

We are sorry but we are only able to give the LeedsCard or LeedsCard Extra discount to the legal parent or guardian of the child.

Please note the following dates and information to ensure that courses are paid for and not lost during the allotted timescale

Monday 6th July 2009—Sunday 19th July 2009

Payments must be made for all courses. If available, session changes can also be made at ANY POINT during this time. Payments will be taken at reception for cash, cheque & card payments or via telephone for card payments only.

Sunday 19th July 2009 - All children not paid for will automatically be removed from the system.

Monday 20th July 2009 - Request to Change list contacted.

If not paid already you will have to pay over the telephone or come into the centre the same day or your child will lose their place within our swim programme

New enrolments for children not already in our Junior Striker9 Football coaching programme –

From 8.15am Wednesday 22nd July 2009

Places are allocated on a first come first served basis. These places can be booked in person or over the telephone but payment must be made in full on booking. Payments can be made via cash, cheque or credit/debit card.

Please remember that children who are under eight years old are not allowed to be left alone in the centre and must have a person responsible for them over the age of sixteen in the building at all times. This is a Leeds City Council policy and must be adhered to with no exceptions.

Management reserves the right to:

Replace the instructor/teacher where it is found to be unavoidable

Cancel the class due to insufficient support, or sub-divide the classes should the need arise