

Neighbourhood Network Schemes

for older people



March 2009

**Voluntary Organisations
supported by Adult Social Care**

This booklet has details about all the Neighbourhood Network Schemes in North East Leeds. Each one of the schemes has information about other services that are available locally and elsewhere in the city.

Neighbourhood Network Schemes provide a range of services and activities for older people across Leeds. The schemes are supported by Adult Social Care and other funding, and are managed by local people who decide what they want from their scheme.

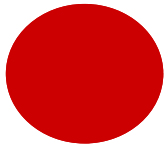
More information There is also a basic list of city wide organisations on Page 27.

There are four other neighbourhood network booklets covering the rest of Leeds.

You can see the latest updated copies of all of these booklets on www.leeds.gov.uk

You can get more information about voluntary services in Leeds by visiting: www.val.org.uk

For more copies, other formats (such as large print) and keeping up-to-date see page 28



Chapel Allerton Good Neighbours' Scheme

Angela Williamson
1a Gledhow Mount Mansion
Roxholme Grove
Chapel Allerton
Leeds
LS7 4JJ

Office Telephone: 01132623619

Mobile Telephone 07714898672

Email: chapelallertongn@wrvs.org.uk

Areas covered:

Advice and information

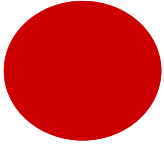
Around the home

Healthy living

Leisure and recreation

Support

Transport



Community Action for Roundhay Elderly

**St Edmunds Parochial Hall
Lidgett Park Road
Roundhay
Leeds
LS8 1JN**

Tel: 268 0406

Email: roundhaycare@btconnect.com

Manager: Lesley Pearson

**Areas covered: Roundhay, Oakwood,
Moortown (East of Harrogate Road),
Brackenwood, North of Easterly Road to its
junction with Shadwell Ring Road and Geldhow**

Advice and information

**Benefits advice
Dementia care
Energy, fuel and insulation advice
Internet Access support
Newsletter**

Around the home

**Gardening
House work
Minor handyman jobs
Personnel care
Security
Smoke alarms**

Healthy living

- Diet information
- Health information
- Smoking cessation
- Thermal wear

Leisure and recreation

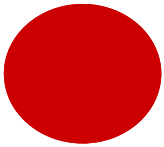
- Care connect - social club
- Friendship and social group
- Outings and trips

Support

- Advocacy and letter writing
- Attendance allowance applications
- Prescription, incontinence pad collecting
- Occasionally Personal shopping
- Support for carers
- Support visits in the home
- Telephone links
- Volunteer support

Transport

Assistance is given to complete Access bus registration forms.



Hamwattan Elderly Group

**C/o Montague Resource Centre
Banstead Street West
Leeds
LS8 5RV**

Tel: 240 8796

**Co-ordinator: Mr Parvez
Ms Salma Kotia**

Areas covered: North Leeds

Advice and information service

**Separate services for men and women in
English and Urdu Monday and Tuesday
9.30am - 3.30pm
Energy, fuel and insulation advice
Information days**

Around the home

DIY and odd jobs

Healthy living

**Gentle exercise
Walking group**

Leisure and recreation

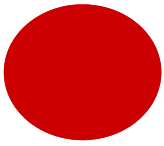
**Coffee mornings
Luncheon clubs
Outings and trips**

Support

**Advocacy and letter writing
Library service - books
Personal shopping
Pet care
Support visits in the home**

Transport

**Hospital, GP and optician visits
Shopping trips**



Leeds Black Elders Association

**180 Chapeltown Road
Leeds
LS7 4HP**

Tel: 237 4332

Fax: 237 4313

Email: info@lbea.co.uk

Manager: Simeon Sobers

Areas covered: Chapeltown LS7 but also supports African Caribbean elders across Leeds

Advice and information

Energy, fuel and insulation advice

Around the home

Decorating

DIY

Gardening

Risk assessment

Security and smoke alarms

Healthy living

Gentle exercise
Stroke club

Leisure and recreation

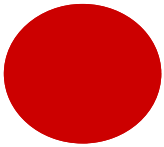
Access to internet
Dementia club
Friendship and social groups
Library service - books
Outings and trips

Support

Advocacy
Befriending
Meals on wheels
Support visits in the home

Transport

We have trained people to offer and assist with transport and wheel chair handling.



Leeds Irish Health and Homes

**Unit 5
Gemini Park
Sheepscar Way
Leeds
LS7 3JB**

Tel: 262 5614

E-mail: lihh.org

Co-ordinator:

Areas covered: City Wide

Advice and information services

**Access to health related benefits
Access to counselling services
Community Care services
Health
Housing support
Volunteer befriending scheme**

Around the home

Healthy Living

Walking group

Leisure and Recreation

Carers group

Knitting group

Luncheon club every Friday 12-3pm at Montague Burton

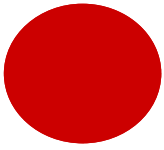
Outings and trips

Women's group

Support

Housing Support Service - provides single furnished tenancies to Irish people who are homeless or living in inadequate accommodation.

Transport



Leeds Jewish Welfare Board

**Marjorie and Arnold Ziff Community Centre
311 Stonegate Road
Leeds
LS17 6AZ**

Tel: 268 4211

Fax: 203 4915

E-mail: enquiries@ljwb.co.uk

Co-ordinator: Pauline Rowland

Areas covered: City Wide

Advice and information services

Confidential advice and support provided by social care team

Volunteer service

Specialist advice and support for older people with disabilities

Around the home

Access to domiciliary help

Access to help with personal care

Access to sitting service

Access to frozen kosher meals-on-wheels

Healthy living

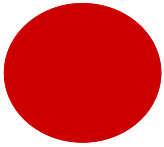
Access to restaurant/cafe at the Marjorie and Arnold Ziff Community Centre
Monthly social entertainment for sight impaired people
Outings/Trips
Social and recreational activities

Support

Befriending
Counselling
Outreach work

Transport

Limited transport available, by arrangement to bring people into the Marjorie and Arnold Ziff Community Centre to attend activities.



Meanwood Elders Neighbourhood Action

**Meanwood Community Centre
Stainbeck Avenue
Leeds
LS7 2QU**

Tel: 230 6545

Fax: 278 0978

**E-mail: mena@meanwoodelders.fsnet.co.uk
royable@meanwoodelders.fsnet.co.uk**

Co-ordinator: Roy Able

Areas covered: Parts of LS6, LS7 and LS17

Advice and information services

**Energy and fuel advice
Keeping healthy
Keeping warm
Newsletter
One-on-one advice
Policy changes information**

Around the home

**Energy saving bulbs
Smoke alarms
Thermal clothing
Thermometers**

Healthy Living

Exercise classes
Healthy eating information

Leisure and Recreation

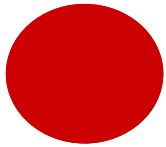
Annual holiday
Games and crafts
Monthly day trips
Monthly Sunday lunch club
Social groups
Theatre group

Support

Advocacy
Befriending
Letter writing
Home visiting
Support group for bereaved carers
Stroke club

Transport

We have trained people to offer and assist with transport and wheel chair handling.
Taxi service to attend MENA trips and events



Montague Burton Resource Centre

**Montague Burton Resource Centre
Banstead Street West
Leeds
LS8 5RU**

Tel: 249 1954

Email:

Co-ordinator:

Areas covered: Harehills

Advice and information services

**Around the Home
Promoting Winter warmth information
Promoting 'message in the bottle'
Signposting to services**

Around the home

MBRC research report will help in planning new service

Healthy living

**Promoting 'message in the bottle'
Gentle exercise
Walking the way to health (Summer 2007)**

Leisure and Recreation

Luncheon Club on Wednesdays 11-2.30 pm
Thursday Club 10.30-3.30 pm
Outings

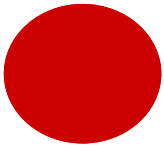
Support

Support for volunteers

Transport

Access bus

Please note these groups are running independently from Montague Burton Resource Centre.



Moor Allerton Elderly Care (MAECare)

**57 Cranmer Bank
Leeds
LS17 5JD**

Tel: 266 0371

Fax: 218 5320

E-mail: info@maecare.org.uk

Manager: Carole Gosden

**Areas covered: Alwoodley, Shadwell and parts of
Moortown**

Advice and information services

**Information library
Newsletter**

Around the home

**Live at home scheme
Winter warmers scheme**

Healthy Living

**Exercise classes
Stroke club
Walking group**

Leisure and Recreation

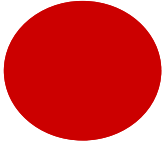
Companions in Concert group
Outings
Silver Surfers
Social Opportunities

Support

Advocacy
Carers support
Friendly visiting
incontinence pad delivery

Transport

Volunteer car scheme



West Indian Family Counselling Service and Roscoe Luncheon Club for the Elderly

**Roscoe Methodist Church
Francis Street
Leeds
LS7 4BY**

Tel: 262 5131

Email: wifcos@btconnect.com

Co-ordinator: Kathy Douglas

Areas covered: Chapeltown LS7& LS8

Advice and information services

Information days

Around the home

Healthy living

Aromatherapy and relaxation
Dancing
Gentle exercise

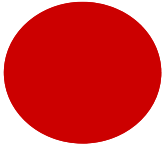
Leisure and recreation

Arts and crafts
Access to internet
Friendship and social groups
Luncheon clubs
Outings and trips

Support

Advocacy
Befriending signposting
Counselling and moral support
Home from hospital service

Transport



Wetherby in Support of the Elderly (WISE)

**One Stop Centre
Westgate
Wetherby
LS22 6NL**

Tel: 01937 588994

E-mail: info@w-ise.org.uk

Website: www.w-ise.org.uk

Co-ordinator: Neil Bellamy

Areas covered: Wetherby, Collingham, Boston Spa, Bramham, Bardsey, East Keswick, Linton, Thorner, Walton, Thorpe Arch and parts of Scarcroft.

Advice and information service

**Officer partnership with Age Concern
Tues—Thurs 9am - 3pm**

Around the home

**Gardening scheme in Wetherby & Harewood wards in partnership with Wetherby Young Offenders.
Low energy light bulbs
Smoke detectors**

Healthy living

Sign posting to health activities in the community.

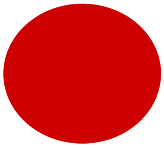
Leisure and recreation

IT course held at West Oaks School/Bramham
Silver surfers - computers advice and help
Social afternoons

Support

Befriending service
Home from Hospital in partnership with the Redcross
Sunshine Care for people with Dementia in partnership
with the Alzheimer's society last Wednesday of the month
Collingham Village Hall 2pm – 4pm £1.00 entry cakes and
Coffee
Luncheon Club Bramham school
Victim support

Transport



Sikh Elders Service

**Touchstone House
2-4 Middleton Crescent
Beeston
Leeds
LS11 6JU**

Tel: 0113 2163143/2163154

E-mail: office@touchstone-leeds.co.uk

Website: www.touchstone-leeds.co.uk

Manager: Chand Rani Singh

Areas covered:

City Wide Organisations

Working across the whole of Leeds

City Wide Older People's Organisations

Age Concern (Leeds)	Tel: 389 3004
Alzheimers Society	Tel: 231 1727
Care and Repair (Leeds)	Tel: 240 6009
Carers Leeds (Leeds)	Tel: 246 8338
Leeds Older People's Forum	Tel: 276 0999

Black and Minority Ethnic specialist organisations

Association of Blind Asians	Tel: 214 4538
Leeds Chinese Community Association	Tel: 234 6019
Leeds Black Elders Association	Tel: 237 4332
Leeds Irish Health and Homes	Tel: 262 5614
Leeds Islamic Centre	Tel: 262 1300
Leeds Jewish Welfare Board	Tel: 268 4211

Sikh Elders services will be starting up in early 2007 for more information please contact social services

Tel: 247 8077

More copies of this booklet, other formats (such as large print) and keeping up to date: please contact Vicky Johnson, Communications Officer, Adult Social Care on 0113 247 8709.

Keeping the booklets up to date: Please email any changes to: **vicky.a.johnson@leeds.gov.uk**

If you have access to the internet you can see the most recent version of the booklets at www.leeds.gov.uk

Open to everyone

The Neighbourhood Network Schemes and Adult Social Care are committed to policies and action which ensure that the people they serve are not discriminated against on the basis of disability, race, colour, ethnic origin, religion, age, sexuality or gender.

Keeping House...a new way of providing services

Keeping House is a new partnership designed to support and help new domestic services to develop. These services will be run by people who know what is needed in their area. They will be run as 'social enterprises' – charging for work done but putting any profit back into the business for the benefit of the community and those using the service. Adult Social Care is supporting this partnership.

Social enterprises supported by Keeping House will be offering domestic support including help with things like cleaning, shopping and gardening. Some of them will be working closely with the neighbourhood network schemes listed in this booklet.

To find out more about Keeping House, please contact Carol Mcgrath or David Peel on Leeds 247 7095.

There is also a Keeping House website: www.keepinghouse.org.uk

Other services and more information

This booklet focuses on local help and the neighbourhood network schemes. There are also other sources of information such as the "New A-Z of Services for older and disabled people". The neighbourhood network schemes should have copies, or you can get one from one of the Leeds City Councils One Stop Centres.

**This booklet was designed and produced by
Communications Social Care**



The older people of Leeds are important

Người già của Leeds rất quan trọng.

Ludzie w starszym wieku mieszkający w Leeds są dla nas ważni

लीडज़ के वृद्ध लोग महत्वपूर्ण हैं।

利茲市的老人家是很重要的

લીડ્ઝના વૃદ્ધ લોકો અગત્યના છે.

লীড্‌সের বয়স্ক লোকরা গুরুত্বপূর্ণ

لیڈز کے بوڑھے لوگ اہم ہیں۔

ਲੀਡਜ਼ ਦੇ ਬਜ਼ੁਰਗ ਲੋਕ ਮਹੱਤਵਪੂਰਣ ਹਨ ।

This booklet is also available in large print and on audio tape. Information can be translated into other languages. If you know someone who needs this, please contact us (see page 28).



Supported by:



Leeds
CITY COUNCIL