

Neighbourhood Network Schemes

for older people



Dec 2008

**Voluntary Organisations
supported by Adult Social Care**

This booklet has details about all the Neighbourhood Network Schemes in West Leeds. Each one of the schemes has information about other services that are available locally and elsewhere in the city.

Neighbourhood Network Schemes provide a range of services and activities for older people across Leeds. The schemes are supported by Adult Social Care and other funding, and are managed by local people who decide what they want from their scheme.

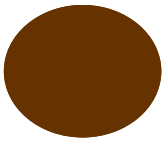
More information There is also a basic list of city wide organisations on Page 16.

There are four other neighbourhood network booklets covering the rest of Leeds.

You can see the latest updated copies of all of these booklets on www.leeds.gov.uk

You can get more information about voluntary services in Leeds by visiting: www.val.org.uk

For more copies, other formats (such as large print) and keeping up-to-date see page 17.



Armley Helping Hands

**Strawberry Lane Community Centre
Strawberry Lane
Leeds
LS12 1SF**

Tel: 279 9292

Fax: 231 0503

E-mail: armley.hh@tiscali.co.uk

Project Manager: Dawn Newsome

**Area Covered: Armley and Wortley districts of
Leeds 12**

Advice and information services

Around the home

**Aids & adaptations
Crime prevention
First Check Point**

Healthy living

- Aids & adaptations**
- Community health support worker**
- Exercise group**
- Five-a-day project**
- Health awareness days**
- Mental health support group**

Leisure and Recreation

- Arts and crafts**
- Befriending service**
- Coffee morning**
- Day trips**
- Education project**
- Holiday**
- Shopping bus**
- Social group**

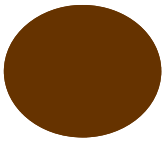
Support

- Advocacy**
- Benefits advice**
- Distribute Information**
- One to one advice and support**

Transport

We have trained people to offer and assist with transport and wheel chair handling.

1 Accessible bus and a 7 seat car



Bramley Elderly Action

**230a Stanningley Road
Bramley
Leeds
LS13 3BA**

Tel: 236 1644

Email: info@bramleyea.org.uk

Areas covered: Bramley

Co-ordinator: Sheila Mahon

Advice and Information services

**Home support advice
Information days
Newsletters
Weekday morning drop-in**

Around the home

**Emergency decorating
Gardening
Risk assessment
Security and smoke alarms
Selling independent living aids
Shopping
Small repairs**

Healthy living

Dancing, gentle exercise and Tai Chi
Therapeutic care massage - seated
Stroke Club
Swimming
Walking

Leisure and Recreation

Coffee mornings
Friendship and social groups
Holidays, outings and trips
Library service - books, videos, talking books
Reminiscence
Singing
Theatre group

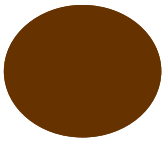
Support

Advocacy and letter writing
Befriending
Bereavement
Form filling
Home from hospital service
Home shopping- food
Support for carers
Support visits in the home
Telephone links

Transport

We have trained people to offer and assist with transport and wheel chair handling for:

Hospital visiting, GP, chiropodist and optician visits



Farsley Live at Home Scheme

**Farsley Parish Church Hall
New Street
Farsley
Leeds
LS28 5DJ**

Tel: 290 9340

Email: farsleyliveathome@btinternet.com

Manager: Janet Smith

**Areas covered: Farsley, Rodley,
Calverley and Tyersal**

Around the home

**Newsletter
Signposting to other services
Risk assessment**

Healthy living

Promotion of healthy eating within social groups

Leisure and Recreation

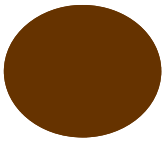
Breakfast club
Exercise class
Friendship and social groups
Outings and trips
Library trip
Walking group

Support

Advocacy
Befriending
Regular shopping trips
Retirement group

Transport

Minibus for outings and shopping trips
Volunteer drivers for access to social groups



Neighbourhood Action in Farnley, New Farnley and Moor Top

**PO Box 150
Hillside Hall
Cross Lane
Farnley
Leeds
LS12 5AA**

Tel: 263 2945

**Email:
neighbourhoodaction@hotmail.com**

Co-ordinator: Ailsa Mayers

**Areas covered: Farnley, New Farnley and
Moor Top LS12**

Advice and information services

**Newsletter
Pensions, benefits and energy advice**

Around the home

Healthy living

**Flu jab sessions
Gentle exercise
Health fair**

Leisure and recreation

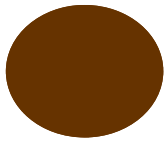
Coffee mornings
Trips and outings

Support

Advocacy
Befriending
Home visits
Letter writing
Sign/posting to other services
Telephone link

Transport

We have trained people to offer and assist with transport and wheel chair handling.
Shopping trips



Pudsey Live at Home Scheme

**St Andrew's Methodist Church
Robin Lane
Pudsey
Leeds
LS28 7BR**

Tel: 256 2717

Fax: 210 9487

Email: pudsey.lahs@ntlbusiness.com

Manager: Pat Manning

Areas covered: Pudsey LS28

Advice and information services

**Newsletter
Signposting to services**

Around the home

Risk assessment

Healthy living

- Art group
- Gentle exercise

Leisure and recreation

- Access to internet
- Friendship and social groups
- Holidays
- Library service - books
- Luncheon clubs
- Outings and trips

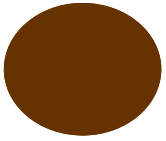
Support

- Advocacy
- Befriending
- Letter writing
- Support visits in the home
- Telephone link

Transport

We have trained people to offer and assist with transport and wheel chair handling for:

- Shopping trips**



Stanningley and Swinnow Live at Home Scheme

**117 Norwood Crescent
Stanningley
Leeds
LS28 6NG**

Tel: 255 8461

Email: stan.home@btopenworld.com

Manager: Lynne Limbert

**Areas covered: Stanningley and
Swinnow**

Advice and information services

Newsletter

Around the home

**Risk assessment
Security and smoke alarms**

Healthy living

**Healthy eating
Indoor bowls**

Leisure and recreation

- Coffee mornings**
- Community café**
- Friendship and social groups**
- Holidays**
- Indoor bowls**
- Luncheon clubs**
- Outings and trips**

Support

- Advocacy**
- Letter writing**
- Befriending**
- Bereavement**
- Support for carers**
- Telephone links**

Transport

We have trained people to offer and assist with transport and wheel chair handling for:

- Shopping trips**

City Wide Organisations

Working across the whole of Leeds

City Wide Older People's Organisations

Age Concern (Leeds)	Tel: 389 3004
Alheimers Society	Tel: 231 1727
Care and Repair (Leeds)	Tel: 240 6009
Carers Leeds	Tel: 246 8338
Leeds Older People's Forum	Tel: 276 0999

Black and Minority Ethnic specialist organisations

Association of Blind Asians	Tel: 214 4538
Leeds Chinese Community Association	Tel: 234 6019
Leeds Black Elders Association	Tel: 237 4332
Leeds Irish Health and Homes	Tel: 262 5614
Leeds Islamic Centre	Tel: 262 1300
Leeds Jewish Welfare Board	Tel: 268 4211
Sikh Elders services (being developed for 2007 for further information please contact Alison Lowe at Touchstone)	Tel: 271 8277

More copies of this booklet, other formats (such as large print) and keeping up to date: please contact Vicky Johnson, Communications Officer, Social Care on 0113 247 8709.

Keeping the booklets up to date: Please email any changes to: **vicky.a.johnson@leeds.gov.uk**

If you have access to the internet you can see the most recent version of the booklets at www.leeds.gov.uk

Open to everyone

The Neighbourhood Network Schemes and Leeds Social Services are committed to policies and action which ensure that the people they serve are not discriminated against on the basis of disability, race, colour, ethnic origin, religion, age, sexuality or gender.

Keeping House...a new way of providing services

Keeping House is a new partnership designed to support and help new domestic services to develop. These services will be run by people who know what is needed in their area. They will be run as 'social enterprises' – charging for work done but putting any profit back into the business for the benefit of the community and those using the service. Adult Social Care is supporting this partnership.

Social enterprises supported by Keeping House will be offering domestic support including help with things like cleaning, shopping and gardening. Some of them will be working closely with the neighbourhood network schemes listed in this booklet.

To find out more about Keeping House, Tel 0113 247 7095.

There is also a Keeping House website: www.keepinghouse.org.uk

Other services and more information

This booklet focuses on local help and the neighbourhood network schemes. There are also other sources of information such as the "New A-Z of Services for older and disabled people". The neighbourhood network schemes should have copies, or you can get one from one of the Leeds City Councils One Stop Centres.

**This booklet was designed and produced by
Adult Social Care Communications**

The older people of Leeds are important

Người già của Leeds rất quan trọng.

Ludzie w starszym wieku mieszkający w Leeds są dla nas ważni

लीडज़ के वृद्ध लोग महत्वपूर्ण हैं।

利茲市的老人家是很重要的

લીડ્ઝના વૃદ્ધ લોકો અગત્યના છે.

लीड्सेर वयस्क लोकरी गुरुत्वपूर्ण

لیڈز کے بوڑھے لوگ اہم ہیں۔

ਲੀਡਜ਼ ਦੇ ਬਜ਼ੁਰਗ ਲੋਕ ਮਹੱਤਵਪੂਰਣ ਹਨ ।

This booklet is also available in large print and on audio tape. Information can be translated into other languages. If you know someone who needs this, please contact us (see page 16).



Supported by:



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