

Neighbourhood Network Schemes

for older people



Oct 2008

Voluntary Organisations
supported by Adult Social Care

This booklet has details about all the Neighbourhood Network Schemes in East Leeds. Each one of the schemes has information about other services that are available locally and elsewhere in the city.

Neighbourhood Network Schemes provide a range of services and activities for older people across Leeds. The schemes are supported by Adult Social Care and other funding, and are managed by local people who decide what they want from their scheme.

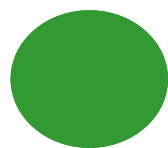
More information There is also a basic list of city wide organisations on Page 26.

There are four other neighbourhood network booklets covering the rest of Leeds.

You can see the latest updated copies of all of these booklets on www.leeds.gov.uk

You can get more information about voluntary services in Leeds by visiting: www.val.org.uk

**For more copies, other formats (such as large print)
Keeping up-to-date see page 27**



Action for Gipton Elderly (AGE)

**5-11 Oak Tree Drive
Leeds
LS8 3LJ**

Tel: 240 9784 (answer phone out of hours)

Email: age.gipton@lineone.net

Co-ordinator: Karen Woloszczak

Areas covered: Gipton - LS8 and LS9

Advice and information services

**Energy, fuel and insulation advice
Newsletter**

Around the home

**DIY and odd jobs
Decorating
Fire and carbon monoxide detectors
Gardening
Risk assessment
Security and smoke alarms**

Healthy living

**Health promotion work
Healthy eating
Hand massage (trained aroma therapist)
Health information, i.e. flu jabs
Social dancing (fortnightly)
Walking the way to health**

Leisure and recreation

- Access to internet**
- Annual holiday**
- Basic computer lessons**
- Book and talking tape lending library.**
- Coffee mornings**
- Craft group**
- Friendship group**
- Friday social**
- Men's group**
- Monthly outings and events**
- Shopping trips**
- Singing group**
- Whist group**

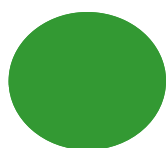
Support

- Advocacy and letter writing**
- Befriending**
- Emergency shopping**
- Home visitor support**
- Loan of wheel chair**
- Sign posting to other agencies**
- Support for carers**
- Telephone support**

Transport

We have trained people to offer and assist with transport and wheel chair handling. We can help with transport

- Clinics**
- Events**
- Hospital**



Burmantofts Senior Action

**25 Shakespeare Close
Leeds
LS9 7UQ**

Tel: 248 9191 (answer phone out of hours)

Fax: 248 9191

E-mail: [bsa60.leeds@talk talk.net](mailto:bsa60.leeds@talktalk.net)

Project Manager: Wendy Davies

**Areas covered: Lincoln Green, Ebor
Gardens, Burmantofts, Shakespeare,
Torres up to Lupton Avenue and part of Harehills**

Advice and Information services

**Newsletter
Signposting to services
Winter Warmth advice**

Around the home

**Decorating
Gardening
Odd jobs
Risk assessment
Smoke alarms**

Healthy living

- Exercise**
- Group work**
- Line dancing**

Leisure and recreation

- Clothes sale**
- Drop in**
- Friendship group**
- Holiday**
- Luncheon Club**
- Trips and outings**
- Stroke club**

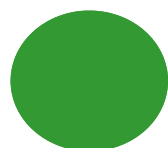
Support

- Advocacy**
- Hospital escort**
- Letter writing**
- Support visits in the home**
- Telephone links**
- Winter warmth**

Transport

We have trained people to offer and assist with transport and wheel chair handling.

- To and from luncheon club**
- To and from stroke club**



Crossgates and District Good Neighbours Scheme

**Station Road
Cross Gates
Leeds
LS15 7JY**

Tel: 260 6565 (answer phone out of hours)

E-mail: admin@crossgatesgns.org.uk

Website: www.crossgates.gns.org.uk

Co-ordinator: Jennifer Sellers

Areas covered: Crossgates, Manston, Pendas Fields, Austhorpe, Colton, Whitkirk, Temple Newsam and Halton.

Advice and information services

**Advice and information sessions each morning
Newsletter
Website
Signposting**

Around the home

Healthy living

Gentle exercise Wednesday pm
Promoting 'message in a bottle'
Walking group Mondays pm
Winter warmers, gloves, thermals, scarves all at a reasonable price.

Leisure and Recreation

Coffee mornings Tuesday & Friday 10.00am - 2.00pm

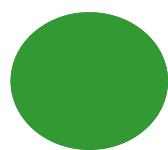
Pub lunches
Outings and trips
Theatre outings

Support

Advocacy and letter writing
Befriending
Bereavement advice
Help with Benefit form writing

Transport

Limited transport to medical appointments and to access our activities



Halton Moor and Osmondthorpe Project for Elders (HOPE)

**Osmondthorpe One Stop Centre
81a Wykebeck Mount
Leeds
LS9 0JE**

Tel: 247 7665

Fax: 247 8872

Email: hopeprojectleeds@yahoo.co.uk

Co-ordinator: Georgie Spedding

**Areas covered: Halton Moor &
Osmondthorpe**

Advice and Information services

**Energy/fuel advice
Health and safety
Information days
Quarterly newsletter**

Around the home

**Decorating
Gardening
Referrals for outside security lights
Smoke alarms**

Healthy living

Health information/advice
Health awareness sessions

Leisure and Recreation

Friendship group
Gentle Exercise
Lunch club
Regular trips/outings
Theatre group/events

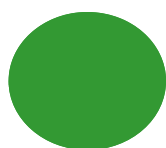
Support

Advocacy and letter writing
Bereavement support
Home support visits
Stroke club
Support for carers and a carers' group
Telephone support calls
Winter Warmth programme
Wheel chair loan service

Transport

We have trained people to offer and assist with transport and wheel chair handling for:

Occasional shopping trips
Project events



Hamwattan Elderly Group

**C/o Montague Resource Centre
Banstead Street West
Leeds
LS8 5RV**

Tel: 240 8796

**Co-ordinator: Mr Parvez
Ms Salma Kotia**

Areas covered: North Leeds

Advice and information service

**Separate services for men and women in
English and Urdu Monday and Tuesday
9.30am - 3.30pm.
Energy, fuel and insulation advice
Information days**

Around the home

DIY and odd jobs

Healthy living

Gentle exercise
Walking group

Leisure and recreation

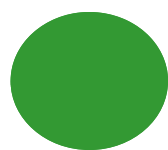
Coffee mornings
Luncheon clubs
Outings and trips

Support

Advocacy and letter writing
Library service - books
Personal shopping
Pet care
Support visits in the home

Transport

Hospital, GP and optician visits
Shopping trips



Montague Burton Resource Centre

**Montague Burton Resource Centre
Banstead Street West
Leeds
LS8 5RV**

Tel: 249 1954

Email:

Co-ordinator:

Areas covered: Harehills

Advice and information services

**Around the Home
Promoting Winter warmth information
Promoting 'message in the bottle'
Signposting to services**

Around the home

MBRC research report will help in planning new service

Healthy living

**Promoting 'message in the bottle'
Gentle exercise
Walking the way to Health (Summer 2007)**

Leisure and Recreation

Luncheon Club on Wednesdays 11-2.30 pm
Thursday Club 10.30-3.30 pm
Outings

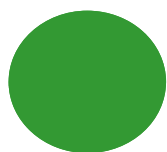
Support

Support for volunteers

Transport

Access bus

Please note that these groups run independently.



Neighbourhood Elders' Team

62 Main Street
Garforth
Leeds
LS25 1AA

Tel: 287 4784

E-mail: info@netgarforth.org

Manager: Monica Walker

Areas covered: Aberford, Allerton Bywater, Barwick in Elmet, Garforth, Great Preston, Kippax, Ledston, Ledston Luck, Little Preston, Micklefield, Scholes and Swillington.

Advice and information services

Assistance with completing forms

Benefits advice and information

Daily drop in service : Mon - Thurs 10.00am - 4.00pm
Fri 10.00am - 1.00pm

Information packages available

Monthly information meetings in the villages of Barwick in Elmet, Kippax, Ledston Luck, Ledsham, Micklefield and Scholes

Quarterly newsletter

whist group, dementia cafe

Around the home

Falls assessments

Limited DIY assistance

Smoke alarms

Referrals for home security

Referrals for care alarm

Referrals for gardening

Healthy living

- Gentle exercise**
- Singing group**
- Social dancing (fortnightly)**
- Walking the way to health**

Leisure and recreation

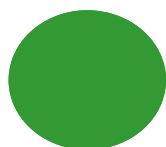
- Annual holiday**
- Coffee mornings**
- Craft group**
- Friendship group**
- Monthly outings and events**
- Men's group**
- Shopping trips**

Support

- Befriending service**
- Emergency shopping**
- Home visitor service**
- Wheelchair loan**

Transport

Limited Transport to hospitals and clinics and to and from events.



North Seacroft Good Neighbours Scheme

**Kentmere Community Centre
Kentmere Avenue
Seacroft
Leeds
LS14 1BW**

Tel: 232 3662

Fax: 232 3662

Email: nsgns1@aol.com

Co-ordinator: Phillip Davis

Area covered: North Seacroft

Advice and information

Energy, fuel and insulation advice

Around the home

Decorating

DIY and odd jobs

Gardening

Fire and carbon monoxide detectors

Risk assessment

Security and smoke alarms

Healthy living

Indoor bowls
Swimming

Leisure and recreation

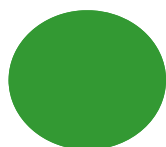
Arts and crafts
Coffee mornings
Friendship groups, social groups
Holidays
Luncheon clubs
Outings and trips

Support

Advocacy and letter writing
Befriending
Home from hospital service
Hospital, GP and optician visits
Personal shopping
Prescription collecting
Support visits in the home
Support for carers
Wheelchair loan service

Transport

We have trained people to offer and assist with transport and wheel chair handling for:
Shopping trips



Richmond Hill Elderly Action

**Richmond Hill Community Centre
Long Close Lane
Leeds
LS9 8NP**

Tel: 248 5200

Email: info@rhea-leeds.org.uk

Website: www.rhea-leeds.org.uk

Manager: Tricia Gradys

Areas covered: Richmond Hill, Cavaliers, Saxton Gardens, Dawlishes, Skeltons, East End Park and Cross Green.

Advice and information services

**Benefit entitlement information
Energy, fuel and insulation advice
Information days
Newsletter**

Around the home

**DIY and odd jobs
Decorating
Gardening
Home smoke alarm checks by community fire service
Risk assessments
Referrals
Security and smoke alarms**

Healthy living

- Ballroom dancing**
- Exercise group at St Phillips Church Hall**
- Gentle exercise**
- Line dancing**
- Weight management**

Leisure and recreation

- Allotment (starts 2007)**
- Coffee mornings**
- Crown green bowling**
- Daily drop-in service**
- Darts and dominoes**
- Drawing/art group**
- Friendship and social groups**
- Outings and trips**
- 6 walking/strolling trips a year**

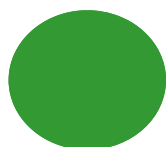
Support

- Advocacy and letter writing**
- Friendship group at Saxton Gardens Community Flat**
- Shopping service**
- Support visits in the home**
- Telephone links**
- Winter Warmth, blankets, fleecy under blankets, and thermal underwear**
- Wheelchair loan service**

Transport

We have trained people to offer and assist with transport and wheel chair handling for project events and occasional trips.

- Own minibus for hire**



South Seacroft Friends and Neighbours Scheme

**Seacroft Methodist Church
1081 York Road
Seacroft
Leeds
LS14 6JB**

Tel: 273 4979

Email: SSFN@btconnect.com

Website: www.SSFN.co.uk

Co-ordinator: Linda Goodall

Areas covered: South Seacroft

Advice and information

**Advice on, and help to claim benefits
Energy, fuel and insulation advice
Newsletter**

Around the home

**Decorating scheme
Gardening scheme
Odd jobs
Security and smoke alarms**

Healthy living

Leisure and recreation

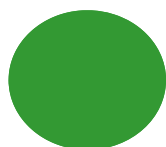
- Exercise classes**
- Friendship groups**
- Luncheon club**
- Outings and trips**
- Social groups**

Support

- Advocacy and letter writing**
- Befriending**
- Bereavement**
- Hospital, GP, optician visits**
- Prescription collecting - emergency**
- Support visits in the home**
- Support for carers**
- Telephone links**

Transport

Available to events organised by our project.



Swarcliffe Good Neighbours Scheme

**St Gregory's Youth and Adult Centre
Stanks Gardens
Leeds
LS14 5LS**

Tel: 232 6910

Email: mail@sgns.wanadoo.co.uk

Co-ordinator: Kenneth R Hill

Areas covered: Swarcliffe, Stanks and Whinmoor

Advice and Information services

**Benefits claim advice
Daily drop-in service in St Gregory's Centre
Energy, fuel and insulation advice
Newsletter
Signposting to Services**

Around the home

**Bogus caller response scheme
Decorating service (October - April)
DIY
Gardening Service (April - October)**

Healthy living

Active retirement group

Leisure and recreation

- Annual Holiday**
- Friendship groups**
- Generations together project**
- Luncheon club Wednesday, Thursday, Friday**
- Social Groups**
- Outing's and Trips**

Support

- Advocacy and letter writing**
- Bereavement**
- Befriending**
- Carers Support**
- Emergency prescription collecting**
- Emergency shopping**
- Hospital, GP and optician visits**
- Outreach support**
- Shopping facility**
- Telephone Links**
- Visiting and befriending service**
- Wheelchair loan service**

Transport

Transport is provided for special trips and events organised by this scheme.

City Wide Organisations

Working across the whole of Leeds

City Wide Older People's Organisations

Age Concern (Leeds)	Tel: 389 3004
Alzheimers Society	Tel: 231 1727
Care and Repair (Leeds)	Tel: 240 6009
Carers Leeds	Tel: 246 8338
Leeds Older People's Forum	Tel: 276 0999

Black and Minority Ethnic specialist organisations

Association of Blind Asians	Tel: 214 4538
Leeds Chinese Community Association	Tel: 234 6019
Leeds Black Elders Association	Tel: 237 4332
Leeds Irish Health and Homes	Tel: 262 5614
Leeds Islamic Centre	Tel: 262 1300
Leeds Jewish Welfare Board	Tel: 268 4211
Sikh Elders services (being developed for 2007 for further information please contact Alison Lowe at Touchstone)	Tel: 271 8277

More copies of this booklets other formats (such as large print and keeping up-to-date: please contact Vicky Johnson, Communications Officer, Social Care on 0113 247 8709.

Keeping the booklets up to date: Please email any changes to: **vicky.a.johnson@leeds.gov.uk**

If you have access to the internet you can see the most recent version of the booklets at www.leeds.gov.uk

Open to everyone

The Neighbourhood Network Schemes and Adult Social Care are committed to policies and action which ensure that the people they serve are not discriminated against on the basis of disability, race, colour, ethnic origin, religion, age, sexuality or gender.

Keeping House...a new way of providing services

Keeping House is a new partnership designed to support and help new domestic services to develop. These services will be run by people who know what is needed in their area. They will be run as 'social enterprises' – charging for work done but putting any profit back into the business for the benefit of the community and those using the service. Leeds Social Services is supporting this partnership.

Social enterprises supported by Keeping House will be offering domestic support including help with things like cleaning, shopping and gardening. Some of them will be working closely with the neighbourhood network schemes listed in this booklet.

To find out more about Keeping House, Tel. 0113 247 7095.

There is also a Keeping House website: www.keepinghouse.org.uk

Other services and more information

This booklet focuses on local help and the neighbourhood network schemes. There are also other sources of information such as the "New A-Z of Services for older and disabled people". The neighbourhood network schemes should have copies, or you can get one from one of the Leeds City Councils One Stop Centres.

Notes

Notes

**This booklet was designed and produced by
Communications Adult Social Care**

The older people of Leeds are important

This booklet is also available in large print and on audio tape. Information can be translated into other languages. If you know someone who needs this, please contact us (see page 27).



Supported by:



Leeds
CITY COUNCIL