**Eating Disorders: Low Intensity Practical Interventions**

A full day course with a ½ day follow up 6 months later. Run in partnership between Leeds CAMHS and University of Leeds, this in intended for those who have attended the half day course ‘Understanding Eating Disorders’ or those who already work in eating disorders. The course covers the assessment of eating disorders, low intensity treatment approaches, their evidence base, and determining client suitability. The main part of this day will be training to use an evidence-based intervention, Working to Overcome Eating Difficulties. A Guided Self-Help (GSH) Manual for Young People.

The ½ day follow up offers supervision, case-based discussion, and advanced training for practitioners using the GSH manual.

Cost is £195 per delegate. **Course to be held on 11th November 2016 from 9.30 – 4.30pm**, the follow-up date to be announced will be in May 2017.

Delegate fees include handouts, copies of the GSH manual, refreshments, and lunch for the for the full day training.